

## 24. BIEG ULICZNY SYLWESTROWY

### WYNIKI ZAWODÓW

**Organizator:** Hala Sportowa ZAPO, Burmistrz Gminy Trzebnica, Rada Miejska Trzebnicy

**Termin:** 31 grudnia 2008

**Miejsce:** Trzebnica

**Dystans:** 10 km

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
1	7	KŁECZEK	Radosław	POL	WKS ŚLĄSK Wrocław	1985	M-18	1	00:29:52 (00:29:52)	00:09:31	00:19:29	00:29:13
2	12	DRACZYŃSKI	Adam	POL	WKS GRUNWALD Pozna	1976	M-30	1	00:29:58 (00:29:58)	00:09:31	00:19:30	00:29:17
3	10	GARDZIELEWSKI	Arkadiusz	POL	WKS ŚLĄSK	1986	M-18	2	00:30:09 (00:30:09)	00:09:31	00:19:29	00:29:32
4	5	DUDYCZ	Radosław	POL	ENERVIT TEAM POLSKA	1974	M-30	2	00:30:10 (00:30:10)	00:09:32	00:19:30	00:29:28
5	1	SZYMKOWIAK	Tomasz	POL	ORKAN Września	1983	M-18	3	00:30:22 (00:30:22)	00:09:31	00:19:30	00:29:42
6	16	BŁAZIŃSKI	Marcin	POL	KLER S.A. Dobrodzień	1988	M-18	4	00:30:22 (00:30:22)	00:09:32	00:19:31	00:29:43
7	3	BARANOWSKI	Dzmitriy	BLR	Mińsk	1982	M-18	5	00:30:58 (00:30:58)	00:09:38	00:19:59	00:30:19
8	84	STARODUBCEV	Viktor	UKR	LISOTEHNIK Lwow	1970	M-30	3	00:31:02 (00:31:02)	00:09:32	00:19:52	00:30:18
9	4	LABZJUK	Oleksandr	UKR	VINNITSA	1978	M-30	4	00:31:24 (00:31:24)	00:09:50	00:20:17	00:30:44
10	11	ZAKRZEWSKI	Jan	POL	WKS GRUNWALD Pozna	1970	M-30	5	00:32:08 (00:32:08)	00:10:10	00:20:53	00:31:26
11	24	KOWALSKI	Wojciech	POL	ŚLĄSK Wrocław	1982	M-18	6	00:32:19 (00:32:19)	00:10:19	00:21:12	00:31:38
12	28	WALECZKO	Maciej	POL	DGS VECTRA Włocławek	1986	M-18	7	00:32:22 (00:32:22)			
13	26	SOBCZYK	Tomasz	POL	LUKS Żórawina	1977	M-30	6	00:32:26 (00:32:26)	00:10:08	00:21:00	00:31:43
14	13	JAROSZ	Bogdan	POL	Wrocław	1967	M-40	1	00:33:39 (00:33:39)	00:10:47	00:21:49	00:32:54
15	15	MARYSIAK	Adam	POL	MKSIT ASTRA Nowa Sól	1988	M-18	8	00:33:45 (00:33:45)	00:10:34	00:21:51	00:33:04
16	279	SOBCZAK	Henryk	POL	Nowy Targ	1983	M-18	9	00:33:47 (00:33:47)	00:10:47	00:21:54	00:33:03
17	6	KOWALSKA	Katarzyna	POL	LKS VECTRA	1985	K-18	1	00:33:53 (00:33:53)	00:10:47	00:21:53	00:33:10
18	14	KIEŁCZEWSKI	Grzegorz	POL	biegajznami.pl Wrocław	1960	M-40	2	00:34:17 (00:34:17)	00:10:53	00:22:10	00:33:33
19	668	BRYL	Karol	POL	Strzegom	1982	M-18	10	00:34:25 (00:34:25)	00:10:30	00:22:00	00:33:41
20	30	SIEMASZKO	Jerzy	POL	LUKS Żórawina	1962	M-40	3	00:34:30 (00:34:30)	00:10:58	00:22:23	00:33:44
21	237	SWOBODA	Marek	POL	WZK VICTORIA Wałbrzyc	1964	M-40	4	00:34:32 (00:34:32)	00:10:59	00:22:24	00:33:49
22	548	LENART	Jacek	POL	EDI TEAM Zgorzelec	1970	M-30	7	00:34:37 (00:34:37)	00:10:59	00:22:27	00:33:54

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
23	659	TYMKÓW	Łukasz	POL	KB LUPUS Oleśnica	1981	M-18	11	00:34:47 (00:34:47)	00:10:50	00:22:26	00:34:01
24	86	TACZKA	Piotr	POL	Ostrów Wlkp.	1970	M-30	8	00:34:49 (00:34:49)	00:10:49	00:22:28	00:34:04
25	322	TUROWSKI	Dariusz	POL	Wrocław	1971	M-30	9	00:34:53 (00:34:53)	00:10:59	00:22:26	00:34:06
26	302	KULESZA	Jakub	POL	Jelenia Góra	1980	M-18	12	00:34:53 (00:34:53)	00:10:52	00:22:16	00:34:07
27	351	KORFINI	Irek	POL	FELT TEAM Wrocław	1969	M-30	10	00:34:54 (00:34:54)	00:10:52	00:22:25	00:34:07
28	505	BACZEWSKI	Edward	POL	DĘBY Wałbrzych	1964	M-40	5	00:34:55 (00:34:55)	00:10:50	00:22:13	00:34:05
29	311	UCIECHOWSKI	Marcin	POL	ZAS PO Opole	1988	M-18	13	00:35:04 (00:35:04)	00:10:46	00:22:24	00:34:23
30	730	AUGUSTYNIAK	Krzysztof	POL	MKS PŁETVAL	1981	M-18	14	00:35:04 (00:35:04)	00:11:00	00:22:33	00:34:17
31	543	PŁOCHOCKI	Ryszard	POL	SUPER MARATON Kalisz	1961	M-40	6	00:35:07 (00:35:07)	00:10:54	00:22:26	00:34:17
32	366	ŚLĘZAK	Piotr	POL	AWF Wrocław	1989	M-18	15	00:35:15 (00:35:15)	00:10:57	00:22:34	00:34:29
33	25	CICHOŃCZUK	Antoni	POL	WKS FLOTA Gdynia	1949	M-50	1	00:35:17 (00:35:17)	00:11:13	00:23:00	00:34:33
34	19	USTIANOWSKA	Dorota	POL	ENERGI	1970	K-30	1	00:35:20 (00:35:20)	00:11:11	00:22:50	00:34:32
35	109	JANUSZ	Ryszard	POL	Szczytna	1964	M-40	7	00:35:29 (00:35:29)	00:10:58	00:22:37	00:34:40
36	29	JERZYK	Agnieszka	POL	Leszno	1988	K-18	2	00:35:29 (00:35:29)	00:11:11	00:22:59	00:34:46
37	18	URYGA	Wioletta	POL	Kluczbork	1968	K-40	1	00:35:32 (00:35:32)	00:11:13	00:23:00	00:34:46
38	445	HENCZKA	Marek	POL	WKB Zamek Książ Wałbrz	1957	M-50	2	00:35:34 (00:35:34)	00:11:13	00:23:00	00:34:46
39	137	AMBROZIK	Adam	POL	JW2697 Brzeg	1975	M-30	11	00:35:35 (00:35:35)	00:11:07	00:22:53	00:34:49
40	20	MAJ ROKSZ	Maria	POL	AMD NTT System Warsza	1980	K-18	3	00:35:37 (00:35:37)	00:11:11	00:22:59	00:34:50
41	228	NADOLNY	Józef	POL	Głogów	1961	M-40	8	00:35:40 (00:35:40)	00:11:09	00:23:00	00:34:55
42	490	MOL	Krzysztof	POL	34 Bryg.Kawal.Panc. Żaga	1975	M-30	12	00:35:46 (00:35:46)	00:11:10	00:23:03	00:35:03
43	378	RAK	Paweł	POL	KB LUPUS Oleśnica	1982	M-18	16	00:35:58 (00:35:58)	00:11:36	00:23:25	00:35:16
44	483	DOBROWOLSKI	Jan	POL	AZS Uniwersytet Wrocław	1987	M-18	17	00:35:58 (00:35:58)	00:11:08	00:23:11	00:35:10
45	110	ROTER	Sebastian	POL	TECHNIK Komorno Stary	1989	M-18	18	00:36:08 (00:36:08)	00:11:21	00:23:19	00:35:21
46	235	KWIATKOWSKI	Mariusz	POL	LZS Jelenia Góra	1958	M-50	3	00:36:09 (00:36:09)	00:11:17	00:23:16	00:35:23
47	17	JAROSZ	Elzbieta	POL	ŚLĄSK Wrocław	1971	K-30	2	00:36:13 (00:36:13)	00:11:16	00:23:16	00:35:25
48	373	SKIBA	Krzysztof	POL	TKKF Polkowice	1960	M-40	9	00:36:14 (00:36:14)	00:11:30	00:23:24	00:35:27
49	372	KACZUGA	Mirosław	POL	DĘBY Wałbrzych	1963	M-40	10	00:36:24 (00:36:24)	00:11:16	00:23:28	00:35:36
50	540	BRZOZOWSKI	Roman	POL	MLUKS TRIATHLON Koło	1982	M-18	19	00:36:26 (00:36:26)	00:11:21	00:23:12	00:35:34
51	287	JANASIAK	Agnieszka	POL	OLIMPIA Poznań	1981	K-18	4	00:36:27 (00:36:27)	00:11:25	00:23:30	00:35:39
52	499	CYCH	Piotr	POL	Twardogóra	1968	M-40	11	00:36:41 (00:36:41)	00:11:41	00:23:46	00:35:52
53	257	SZKARADEK	Aleksander	POL	PUMA TRÓJKA Kłodzko	1979	M-18	20	00:36:42 (00:36:42)	00:11:36	00:23:50	00:35:54
54	304	PACHUTA	Krzysztof	POL	BIEG OPOLSKI Opole	1982	M-18	21	00:36:45 (00:36:45)	00:11:40	00:23:50	00:36:01
55	99	KASPRZAK	Krzysztof	POL	Krotoszyn	1968	M-40	12	00:36:48 (00:36:48)	00:11:31	00:23:47	00:36:00
56	546	MRÓWCZYŃSKI	Maciej	POL	TKKF TRUCHT WSPÓŁ.	1974	M-30	13	00:36:49 (00:36:49)	00:11:50	00:24:13	00:36:03
57	724	GRODECKI	Sebastian	POL	Chocianów	1978	M-30	14	00:36:51 (00:36:51)	00:11:42	00:24:01	00:36:07
58	239	WCISŁO	Adam	POL	LKS ISKRA Jaszkowa	1973	M-30	15	00:36:54 (00:36:54)	00:11:29	00:23:35	00:36:08
59	133	HOLLY	Piotr	POL	Wałbrzych	1983	M-18	22	00:36:54 (00:36:54)	00:11:14	00:23:46	00:36:11

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60	27	BRANDENBURG	Józef	POL	Poczta Polska dopiewo	1955	M-50	4	00:36:55 (00:36:55)	00:11:23	00:23:35	00:36:09
61	441	JASKULSKI	Mariusz	POL	Pieszcyce	1976	M-30	16	00:36:57 (00:36:57)	00:11:16	00:23:35	00:36:11
62	171	POCHOPIEŃ	Grzegorz	POL	KB LUPUS Oleśnica	1965	M-40	13	00:37:03 (00:37:03)	00:11:45	00:23:56	00:36:14
63	200	ŚWIATOWY	Radosław	POL	HERMES Świdnica	1984	M-18	23	00:37:11 (00:37:11)	00:12:07	00:24:20	00:36:28
64	143	CZAPKA	Norbert	POL	Brzeg	1971	M-30	17	00:37:12 (00:37:12)	00:11:42	00:23:58	00:36:25
65	289	WOŚ	Michał	POL	LKS ISKRA Jaszkowa	1991	M-18	24	00:37:24 (00:37:24)	00:11:48	00:24:15	00:36:39
66	312	UCIECHOWSKI	Piotr	POL	LZS Tarchalanka Tarchały	1963	M-40	14	00:37:27 (00:37:27)	00:11:50	00:24:19	00:36:38
67	77	JARECKI	Ireneusz	POL	LZS LFP Trzebnica	1970	M-30	18	00:37:29 (00:37:29)	00:11:34	00:24:05	00:36:41
68	152	CZARNOJAŃCZYK	Rafał	POL	KS MARATON Ostrów WI	1975	M-30	19	00:37:30 (00:37:30)	00:11:57	00:24:18	00:36:43
69	616	KARWICKI	Tomasz	POL	KB GYMNASION Warszawa	1979	M-18	25	00:37:32 (00:37:32)	00:11:56	00:24:17	00:36:44
70	363	PROZOROWSKI	Wiesław	POL	KORMORAN Świąciechow	1968	M-40	15	00:37:33 (00:37:33)	00:11:44	00:24:19	00:36:45
71	258	JĘDRUSIŃSKI	Robert	POL	WKB PIAST Wrocław	1961	M-40	16	00:37:37 (00:37:37)	00:11:57	00:24:21	00:36:47
72	428	PLESNER	Mieczysław	POL	Wińsko	1971	M-30	20	00:37:49 (00:37:49)	00:12:01	00:24:30	00:37:00
73	34	HAZUBSKI	Andrzej	POL	LZS Trzebnica	1968	M-40	17	00:38:04 (00:38:04)	00:12:28	00:25:12	00:37:27
74	9	KACZMAREK	Zbigniew	POL	LZS Trzebnica	1972	M-30	21	00:38:04 (00:38:04)	00:11:45	00:24:34	00:37:27
75	216	ULIASZ	Jerzy	POL	LKS ISKRA Jaszkowa	1969	M-30	22	00:38:06 (00:38:06)	00:12:28	00:24:51	00:37:21
76	76	SIŁAKOWSKI	Ryszard	POL	LZS Trzebnica	1956	M-50	5	00:38:12 (00:38:12)	00:11:45	00:24:29	00:37:24
77	362	PIECHOWIAK	Przemysław	POL	MARATON Leszno	1962	M-40	18	00:38:14 (00:38:14)	00:12:26	00:24:53	00:37:26
78	247	MACIASZCZYK	Roman	POL	KB FIODOR Oława	1969	M-30	23	00:38:20 (00:38:20)	00:12:00	00:24:50	00:37:33
79	506	KACZUGA	Janusz	POL	DĘBY Wałbrzych	1965	M-40	19	00:38:25 (00:38:25)	00:11:45	00:24:29	00:37:36
80	660	KOWALIK	Tomasz	POL	LKS Ujeździec Mały	1988	M-18	26	00:38:25 (00:38:25)	00:12:25	00:25:12	00:37:41
81	253	SPALIŃSKI	Piotr	POL	KB FIODOR Oława	1968	M-40	20	00:38:29 (00:38:29)	00:12:25	00:25:12	00:37:40
82	162	MUSIAŁ	Artur	POL	NKB ZRYW Namysłów	1976	M-30	24	00:38:32 (00:38:32)	00:12:01	00:25:00	00:37:46
83	108	SIENKIEWICZ	Czesław	POL	Krotoszyn	1958	M-50	6	00:38:33 (00:38:33)	00:12:20	00:24:59	00:37:42
84	598	MATUSZEWSKI	Maciej	POL	KB Środa Wlkp.	1977	M-30	25	00:38:34 (00:38:34)	00:12:18	00:25:10	00:37:46
85	263	KOWALCZYK	Jacek	POL	DĘBY Wałbrzych	1969	M-30	26	00:38:42 (00:38:42)	00:11:58	00:24:46	00:37:49
86	599	WOJNAROWICZ	Janusz	POL	biegajznami.pl Zgorzelec	1972	M-30	27	00:38:47 (00:38:47)	00:12:18	00:25:11	00:38:02
87	241	MISTERSKI	Grzegorz	POL	LKS ISKRA Jaszkowa	1992	M-18	27	00:38:48 (00:38:48)	00:11:42	00:24:20	00:38:01
88	22	RUDNIK	Tomasz	POL	PGE KWB Turów Zgorzele	1973	M-30	28	00:38:54 (00:38:54)	00:12:25	00:25:17	00:38:05
89	605	TYBUREK	Rafał	POL	LIBERO Produkty Higien.	1978	M-30	29	00:39:00 (00:39:00)	00:13:36	00:26:00	00:38:12
90	517	SZMACIŃSKI	Robert	POL	JW. 3444 Głogów	1973	M-30	30	00:39:02 (00:39:02)	00:12:20	00:25:16	00:38:13
91	369	GRABLEWSKI	Grzegorz	POL	WKB PIAST Wrocław	1975	M-30	31	00:39:04 (00:39:04)	00:12:13	00:25:19	00:38:21
92	667	HORBACZEWSKI	Jakub	POL	WKB PIAST Wrocław	1981	M-18	28	00:39:08 (00:39:08)	00:12:47	00:25:35	00:38:15
93	65	DRYPS	Ryszard	POL	POLTINO Leżajsk	1957	M-50	7	00:39:09 (00:39:09)	00:12:35	00:25:35	00:38:19
94	336	GADZIŃSKI	Marek	POL	WKB PIAST Wrocław	1962	M-40	21	00:39:10 (00:39:10)	00:12:27	00:25:23	00:38:21
95	686	SIAGŁO	Stanisław	POL	WKB PIAST Wrocław	1968	M-40	22	00:39:14 (00:39:14)	00:12:31	00:25:18	00:38:23
96	207	FRANKOWSKI	Damian	POL	Wrocław	1970	M-30	32	00:39:16 (00:39:16)	00:12:35	00:25:38	00:38:33

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97	594	SZLENDAK	Arkadiusz	POL	MLKS SOKÓŁ Lubin	1990	M-18	29	00:39:22 (00:39:22)	00:12:28	00:25:30	00:38:37
98	414	GĘBARZEWSKI	Robert	POL	Wrocław	1970	M-30	33	00:39:24 (00:39:24)	00:12:23	00:25:26	00:38:35
99	115	ŚWITOŃ	Marian	POL	TG SOKÓŁ Bukownica	1960	M-40	23	00:39:30 (00:39:30)	00:12:20	00:25:13	00:38:38
100	248	HOLIK	Sebastian	POL	Biadacz woj. Opolskie	1974	M-30	34	00:39:36 (00:39:36)	00:12:20	00:25:28	00:38:44
101	492	BILL	Mariusz	POL	ZŁOTNICZANIE	1969	M-30	35	00:39:37 (00:39:37)	00:12:17	00:25:36	00:38:52
102	345	KRUMIN	Dominik	POL	WKB PIAST Wrocław	1981	M-18	30	00:39:37 (00:39:37)	00:12:26	00:25:37	00:38:48
103	21	KOMANDER	Ewa	POL	OLIMPIA Poznań	1985	K-18	5	00:39:38 (00:39:38)	00:12:15	00:25:26	00:38:45
104	89	SZCZYPKOWSKI	Hieronim	POL	KS MARATON Ostrów WI	1959	M-40	24	00:39:41 (00:39:41)	00:12:29	00:25:34	00:38:49
105	286	KULCZYCKI	Marcin	POL	Pełczyn	1979	M-18	31	00:39:48 (00:39:48)	00:11:51	00:25:29	00:38:57
106	436	KALICIŃSKA	Monika	POL	Wrocław	1989	K-18	6	00:39:49 (00:39:49)	00:12:23	00:25:38	00:38:56
107	534	POTHANIAK	Krystian	POL	TKKF Polkowice	1978	M-30	36	00:39:50 (00:39:50)	00:12:11	00:25:36	00:39:01
108	671	PASTUCHA	Marek	POL	CROSS Krapkowice	1960	M-40	25	00:39:54 (00:39:54)	00:12:26	00:25:38	00:39:04
109	380	PLESNER	Ryszard	POL	ULKS PODLASIE Wołów	1964	M-40	26	00:39:56 (00:39:56)	00:12:41	00:26:01	00:39:08
110	734	PACHNIK	Wojciech	POL	UKS TUKAN Iwiny	1991	M-18	32	00:39:57 (00:39:57)	00:13:23	00:26:32	00:39:13
111	652	STANKIEWICZ	Antoni	POL	WKB PIAST Wrocław	1958	M-50	8	00:39:57 (00:39:57)	00:12:52	00:25:59	00:39:10
112	472	KACPRZAK	Mateusz	POL	SL GKS OLSZA Olszyna	1991	M-18	33	00:39:59 (00:39:59)	00:12:43	00:26:16	00:39:12
113	217	ULIASZ	Jacek	POL	LKS ISKRA Jaszkowa	1992	M-18	34	00:39:59 (00:39:59)	00:12:59	00:25:57	00:39:13
114	341	ZEMBIK	Grzegorz	POL	Gryfino	1967	M-40	27	00:40:00 (00:40:00)	00:12:13	00:25:28	00:39:08
115	88	SITEK	Witold	POL	KS MARATON Ostrów WI	1956	M-50	9	00:40:02 (00:40:02)	00:12:45	00:25:52	00:39:11
116	184	MLAK	Kazimierz	POL	Milikowice	1958	M-50	10	00:40:04 (00:40:04)	00:12:34	00:25:51	00:39:14
117	52	PAWLIKOWSKI	Bogusław	POL	HOT WHEELS Katowice	1964	M-40	28	00:40:05 (00:40:05)	00:12:49	00:25:59	00:39:15
118	245	MISIASZEK	Janusz	POL	Kędzierzyn-Koźle	1958	M-50	11	00:40:06 (00:40:06)	00:12:48	00:25:56	00:39:15
119	175	BARSZOWSKI	Paweł	POL	REAL 64-sto Leszno	1970	M-30	37	00:40:07 (00:40:07)	00:12:20	00:25:32	00:39:09
120	196	HAJTKO	Piotr	POL	TKKF Wołów	1986	M-18	35	00:40:07 (00:40:07)	00:12:20	00:25:57	00:39:19
121	348	LEWICKI	Piotr	POL	LKS ISKRA Jaszkowa	1974	M-30	38	00:40:08 (00:40:08)	00:12:42	00:26:07	00:39:19
122	136	WALCZAK	Eugeniusz	POL	KS MARATON Ostrów WI	1959	M-40	29	00:40:08 (00:40:08)	00:13:31	00:26:28	00:39:19
123	374	BUDKA	Mirosław	POL	DĘBY Wałbrzych	1968	M-40	30	00:40:09 (00:40:09)	00:12:26	00:25:48	00:39:19
124	501	KAZIMIEROWICZ	Dawid	POL	WKS OLEŚNICZANKA	1992	M-18	36	00:40:11 (00:40:11)	00:13:47	00:26:45	00:39:23
125	145	SZWED	Krzysztof	POL	WKB META Lubliniec	1965	M-40	31	00:40:13 (00:40:13)	00:12:47	00:26:04	00:39:24
126	370	KUŻMA	Wiesław	POL	WKB PIAST Wrocław	1962	M-40	32	00:40:16 (00:40:16)	00:12:29	00:26:13	00:39:25
127	274	ŻUCHOWSKI	Jacek	POL	WKB PIAST Wrocław	1962	M-40	33	00:40:21 (00:40:21)	00:12:58	00:26:14	00:39:31
128	615	WILK	Czesław	POL	TSV 1984 PERŁA	1958	M-50	12	00:40:21 (00:40:21)	00:12:34	00:25:50	00:39:29
129	431	KOŃCZAK	Adam	POL	Urząd Gminy Polkowice	1958	M-50	13	00:40:23 (00:40:23)	00:12:25	00:25:53	00:39:34
130	396	GRZESIK	Ewa	POL	LKS Polkowice	1982	K-18	7	00:40:25 (00:40:25)	00:12:23	00:25:51	00:39:34
131	220	BECELEWSKI	Jan	POL	Głogów	1957	M-50	14	00:40:44 (00:40:44)	00:12:48	00:26:26	00:39:54
132	206	URBAN	Jarosław	POL	TKKF TRUCHT WSPÓŁ.	1977	M-30	39	00:40:46 (00:40:46)	00:12:53	00:26:22	00:39:54
133	545	GARBAREK	Wiesław	POL	TKKF TRUCHT WSPÓŁ.	1954	M-50	15	00:40:50 (00:40:50)	00:13:16	00:26:41	00:39:59

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
134	122	SZOŁUCHA	Tadeusz	POL	KB LEW Legnica	1958	M-50	16	00:40:51 (00:40:51)	00:12:59	00:26:31	00:39:59
135	187	SIEMASZKO	Zbigniew	POL	LUKS Żórawina	1958	M-50	17	00:40:58 (00:40:58)	00:12:58	00:26:31	00:40:06
136	496	PIASECKI	Radosław	POL	Głogów	1978	M-30	40	00:41:05 (00:41:05)	00:12:45	00:26:13	00:40:05
137	161	PILARSKI	Dionizy	POL	KB LUPUS Oleśnica	1961	M-40	34	00:41:06 (00:41:06)	00:12:58	00:26:34	00:40:11
138	35	DMUCH	Jakub	POL	LZS Trzebnica	1992	M-18	37	00:41:07 (00:41:07)	00:12:51	00:26:40	00:40:20
139	536	KOWALCZYK	Bernard	POL	KB LUPUS Oleśnica	1977	M-30	41	00:41:07 (00:41:07)	00:13:27	00:26:51	00:40:17
140	185	KOMOROWSKI	Karol	POL	SOKÓŁ Ujeździec Wielki	1982	M-18	38	00:41:09 (00:41:09)	00:12:33	00:26:14	00:40:17
141	151	BEKACZ	Stanisław	POL	Wyszęcice	1963	M-40	35	00:41:09 (00:41:09)	00:13:18	00:26:46	00:40:20
142	602	KARKOSZKA	Bartosz	POL	Ostrzeszów	1980	M-18	39	00:41:10 (00:41:10)	00:12:51	00:26:30	00:40:22
143	183	WYKRĘTOWICZ	Wojciech	POL	Wrocław	1982	M-18	40	00:41:13 (00:41:13)	00:12:49	00:27:14	00:40:30
144	233	ROJEWSKI	Tadeusz	POL	Kędzierzyn -Kozle	1946	M-60	1	00:41:15 (00:41:15)	00:13:02	00:26:40	00:40:24
145	42	JANIAK	Krzysztof	POL	Trzebnica	1966	M-40	36	00:41:15 (00:41:15)	00:13:01	00:26:39	00:40:26
146	475	MELIŃSKI	Wojciech	POL	Zielona Góra	1954	M-50	18	00:41:16 (00:41:16)	00:12:58	00:26:41	00:40:23
147	243	NOWAK	Grzegorz	POL	MOSiR Czeladź	1975	M-30	42	00:41:17 (00:41:17)	00:12:24	00:26:19	00:40:26
148	394	RUDZKI	Marek	POL	WKB PIAST Wrocław	1964	M-40	37	00:41:18 (00:41:18)	00:12:59	00:26:37	00:40:26
149	144	CHOWAŃSKI	Jan	POL	KB Ostrzeszów	1956	M-50	19	00:41:23 (00:41:23)	00:13:19	00:26:59	00:40:32
150	725	STRZAŁKA	Sławomir	POL	AZS Politechnika Wr.	1986	M-18	41	00:41:23 (00:41:23)	00:13:15	00:27:01	00:40:37
151	514	SIELOWSKI	Marcin	POL	Oborniki Śl.	1978	M-30	43	00:41:25 (00:41:25)	00:12:56	00:26:46	00:40:38
152	558	FRYDRYCH	Sebastian	POL	EDI TEAM Zgorzelec	1975	M-30	44	00:41:26 (00:41:26)	00:12:57	00:26:51	00:40:40
153	675	LUDKIEWICZ	Mariusz	POL	KP PSP Zgorzelec	1971	M-30	45	00:41:26 (00:41:26)	00:12:35	00:26:52	00:40:41
154	204	URBANOWSKI	Grzegorz	POL	2 bdow. OW Wrocław	1959	M-40	38	00:41:27 (00:41:27)	00:12:57	00:26:36	00:40:34
155	595	ANDRZEJAK	Dariusz	POL	SPARTAN	1967	M-40	39	00:41:28 (00:41:28)	00:13:33	00:27:01	00:40:38
156	123	AMBROSIEWICZ	Henryk	POL	KB LEW Legnica	1949	M-50	20	00:41:29 (00:41:29)	00:13:02	00:26:41	00:40:36
157	377	KOZIOŁ	Sebastian	POL	PĘDZIWIATR Stare Budk	1977	M-30	46	00:41:30 (00:41:30)	00:12:52	00:26:46	00:40:44
158	419	CZAJKA	Michał	POL	Zduny	1975	M-30	47	00:41:30 (00:41:30)	00:13:23	00:27:00	00:40:40
159	281	TOMASIAK	Konrad	POL	Jelcz-Laskowice	1991	M-18	42	00:41:33 (00:41:33)	00:12:48	00:26:50	00:40:45
160	338	FOKSA	Marek	POL	Borki Morawa	1956	M-50	21	00:41:36 (00:41:36)	00:13:23	00:27:10	00:40:43
161	578	KUGLER	Mikołaj	POL	Dictum Road Runners Tea	1973	M-30	48	00:41:37 (00:41:37)	00:13:02	00:26:39	00:40:45
162	238	MATYSEK	Dariusz	POL	Wrocław	1976	M-30	49	00:41:45 (00:41:45)	00:12:51	00:26:44	00:40:53
163	644	TARCZYŃSKI	Grzegorz	POL	WKB PIAST Wrocław	1974	M-30	50	00:41:47 (00:41:47)	00:13:28	00:27:26	00:40:57
164	350	WIRA	Mirosław	POL	WKB PIAST Wrocław	1959	M-40	40	00:41:50 (00:41:50)	00:13:42	00:27:17	00:40:58
165	51	WYLECIAŁ	Dorota	POL	TRUCHTACZ Mysłowice	1960	K-40	2	00:41:50 (00:41:50)	00:13:02	00:26:53	00:40:56
166	503	SUCHECKI	Patryk	POL	WKS OLEŚNICZKA Ole	1992	M-18	43	00:41:51 (00:41:51)	00:13:47	00:27:27	00:41:05
167	524	OLENIAK	Jarosław	POL	GEDIA Nowa Sól	1974	M-30	51	00:41:52 (00:41:52)	00:13:05	00:27:07	00:40:59
168	254	KOWALSKI	Andrzej	POL	Wałbrzych	1975	M-30	52	00:41:58 (00:41:58)	00:13:20	00:27:07	00:41:06
169	66	JAKUBOWSKI	Adam	POL	Żmigród	1991	M-18	44	00:42:04 (00:42:04)	00:12:22	00:26:50	00:41:16
170	452	KIELIN	Grzegorz	POL	Polkowice	1976	M-30	53	00:42:07 (00:42:07)	00:13:08	00:27:09	00:41:17

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
171	321	BARAŃSKI	Rafał	POL	ZS Minkowice Oławskie	1975	M-30	54	00:42:11 (00:42:11)	00:13:19	00:27:27	00:41:25
172	421	MAREK	Artur	POL	Zduny	1973	M-30	55	00:42:12 (00:42:12)	00:13:23	00:27:05	00:41:19
173	368	ZIENKIEWICZ	Kazimierz	POL	MPWUJKA Wrocław	1951	M-50	22	00:42:22 (00:42:22)	00:13:52	00:27:49	00:41:34
174	208	KRAUZE	Tomasz	POL	WKB PIAST Wrocław	1967	M-40	41	00:42:23 (00:42:23)	00:13:21	00:27:15	00:41:32
175	648	KARBOWIAK	Hubert	POL	WKB PIAST Wrocław	1969	M-30	56	00:42:23 (00:42:23)	00:13:17	00:27:20	00:41:29
176	376	ROGOWSKI	Edward	POL	MARATOŃCZYK Zielona	1958	M-50	23	00:42:23 (00:42:23)	00:13:06	00:27:17	00:41:29
177	301	WIĄCEK	Marek	POL	WKB PIAST Wrocław	1962	M-40	42	00:42:26 (00:42:26)	00:13:22	00:27:22	00:41:33
178	619	TOŁŁOCZKO	Arkadiusz	POL	WKB PIAST Wrocław	1977	M-30	57	00:42:27 (00:42:27)	00:13:18	00:27:23	00:41:34
179	685	SILVA	Daniel	POL	Smolec	1971	M-30	58	00:42:27 (00:42:27)	00:13:30	00:27:39	00:41:39
180	735	PACHNIK	Dariusz	POL	Lubków	1969	M-30	59	00:42:29 (00:42:29)	00:14:00	00:27:56	00:41:43
181	37	CIESIÓŁKA	Sebastian	POL	KS ARTEMIS Wrocław	1975	M-30	60	00:42:30 (00:42:30)	00:13:30	00:27:33	00:41:38
182	658	SADOWSKI	Kajetan	POL	IM 2010 Wrocław	1979	M-18	45	00:42:30 (00:42:30)	00:13:22	00:27:32	00:41:44
183	629	ROMANEK	Piotr	POL	TSA ZAKWAS	1976	M-30	61	00:42:34 (00:42:34)	00:14:06	00:27:58	00:41:44
184	160	SZYMAŃSKI	Grzegorz	POL	NKB ZRYW Namysłów	1976	M-30	62	00:42:42 (00:42:42)	00:13:53	00:27:59	00:41:51
185	518	MARCZAK	Mariusz	POL	KB Zielona Góra	1958	M-50	24	00:42:44 (00:42:44)	00:13:22	00:27:33	00:41:49
186	510	HLIWA	Adrian	POL	Skokowa	1986	M-18	46	00:42:47 (00:42:47)	00:13:27	00:27:34	00:41:56
187	465	PLOCH	Seastian	POL	Wrocław	1973	M-30	63	00:42:48 (00:42:48)	00:13:48	00:28:00	00:41:58
188	211	FRANKOWSKI	Andrzej	POL	KS MARATON Ostrów WI	1963	M-40	43	00:42:49 (00:42:49)	00:13:43	00:27:57	00:41:59
189	332	BIERNACKI	Leopold	POL	Radzymin	1954	M-50	25	00:42:51 (00:42:51)	00:13:15	00:27:23	00:41:54
190	59	ZIOBER	Paweł	POL	WKB PIAST Wrocław	1977	M-30	64	00:42:52 (00:42:52)	00:13:53	00:28:10	00:42:05
191	393	BOHATER	Piotr	POL	Wrocław	1978	M-30	65	00:42:52 (00:42:52)	00:13:52	00:28:08	00:42:06
192	687	PIGLA	Andrzej	POL	WKB PIAST Wrocław	1971	M-30	66	00:42:53 (00:42:53)	00:13:17	00:27:42	00:42:02
193	530	GOLAK	Agnieszka	POL	KS KORMORAN Świąciec	1976	K-30	3	00:42:55 (00:42:55)	00:14:07	00:28:19	00:42:03
194	158	WAYDA	Adam	POL	TC CHROBRY KOMAK Gł	1968	M-40	44	00:42:55 (00:42:55)	00:13:18	00:27:36	00:42:00
195	319	WOLANIK	Justyna	POL	ULKS PODLASIE Wołów	1988	K-18	8	00:42:56 (00:42:56)	00:13:21	00:27:37	00:42:02
196	500	KRASULAK	Daniel	POL	WKS ŚLĄSK Wrocław	1981	M-18	47	00:43:00 (00:43:00)	00:13:27	00:27:30	00:42:06
197	434	KOŃCZAK	Dariusz	POL	Polkowice	1980	M-18	48	00:43:01 (00:43:01)	00:13:03	00:27:50	00:42:08
198	331	NOWACKI	Mateusz	POL	MKS OLAVIA Oława	1991	M-18	49	00:43:01 (00:43:01)	00:13:26	00:27:59	00:42:17
199	447	SŁOMOWICZ	Jarosław	POL	WKB Zamek Książ Wałbrz	1970	M-30	67	00:43:01 (00:43:01)	00:13:25	00:27:39	00:42:05
200	606	PRZYBYŁ	Władysław	POL	KB Środa Wilkp	1962	M-40	45	00:43:04 (00:43:04)	00:13:34	00:27:58	00:42:12
201	255	TAJDUŚ	Bogusław	POL	DĘBY Wałbrzych	1965	M-40	46	00:43:04 (00:43:04)	00:13:53	00:27:52	00:42:10
202	552	ŚWIDURSKI	Wojciech	POL	TKKF TRUCHT WSPÓŁ.	1959	M-40	47	00:43:05 (00:43:05)	00:13:59	00:28:02	00:42:14
203	95	SALA	Łukasz	POL	Jelenia Góra	1985	M-18	50	00:43:08 (00:43:08)	00:13:09	00:27:30	00:42:16
204	46	POPIEL	Grażyna	POL	Trzebnica	1962	K-40	3	00:43:10 (00:43:10)	00:13:26	00:27:37	00:42:11
205	413	ŁATOSZYŃSKI	Oskar	POL	KB LUPUS Oleśnica	1971	M-30	68	00:43:12 (00:43:12)	00:13:35	00:28:06	00:42:20
206	205	PIECHOWICZ	Marcin	POL	WKB PIAST Wrocław	1984	M-18	51	00:43:14 (00:43:14)	00:12:50	00:26:54	00:42:16
207	73	ŻABIŃSKI	Grzegorz	POL	LZS Trzebnica	1982	M-18	52	00:43:14 (00:43:14)	00:13:13	00:27:46	00:42:27

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
208	280	KONIECZNY	Janusz	POL	WKB PIAST Wrocław	1955	M-50	26	00:43:17 (00:43:17)	00:14:27	00:28:27	00:42:24
209	244	WOJTASIK	Kazimierz	POL	MKS PAULINUM Jelenia	1942	M-60	2	00:43:20 (00:43:20)	00:13:55	00:28:05	00:42:22
210	643	FOJTAR	Zbigniew	POL	MAGUS ENDURANCE Wr	1972	M-30	69	00:43:21 (00:43:21)	00:13:19	00:27:54	00:42:27
211	107	ZIELONKA	Marian	POL	KS MARATON Ostrów WI	1955	M-50	27	00:43:26 (00:43:26)	00:14:15	00:28:20	00:42:30
212	729	PIOTROWICZ	Paweł	POL	Wisznia Mała	1985	M-18	53	00:43:28 (00:43:28)	00:14:11	00:28:45	00:42:40
213	526	RZEPECKI	Robert	POL	WINIARY Kalisz	1963	M-40	48	00:43:29 (00:43:29)	00:13:56	00:28:16	00:42:36
214	170	ŻÓŁKIEWSKI	Michał	POL	KB LUPUS Oleśnica	1991	M-18	54	00:43:29 (00:43:29)	00:14:06	00:28:18	00:42:42
215	172	POCHOPIEŃ	Marek	POL	WKS OLEŚNICZANKA	1992	M-18	55	00:43:29 (00:43:29)	00:14:06	00:28:18	00:42:42
216	221	WIATRAK	Rafał	POL	Milicz	1977	M-30	70	00:43:29 (00:43:29)	00:12:58	00:27:38	00:42:33
217	579	KOPIJ	Wiesław	POL	PKS Brzeg	1962	M-40	49	00:43:29 (00:43:29)	00:13:31	00:27:57	00:42:38
218	532	MAŁEK	Krzysztof	POL	Wołów	1968	M-40	50	00:43:31 (00:43:31)	00:13:22	00:27:56	00:42:39
219	404	CIOŁEK	Patryk	POL	Kraszewice	1989	M-18	56	00:43:32 (00:43:32)	00:12:48	00:27:38	00:42:46
220	298	SZCZEPANIAK	Krzysztof	POL	KB LUPUS Oleśnica	1972	M-30	71	00:43:32 (00:43:32)	00:14:55	00:28:57	00:42:44
221	250	KURYŁOWICZ	Władysław	POL	LZS LFP Trzebnica	1981	M-18	57	00:43:37 (00:43:37)	00:14:02	00:28:28	00:42:45
222	583	CYRUS	Bogdan	POL	KB STRZELEC Strzebiń	1970	M-30	72	00:43:39 (00:43:39)	00:13:27	00:27:53	00:42:48
223	604	OLBERT	Ireneusz	POL	Brzeg Dolny	1970	M-30	73	00:43:39 (00:43:39)	00:13:17	00:27:49	00:42:45
224	97	GRZEGOREK	Jerzy	POL	TSS Trzebnica	1959	M-40	51	00:43:40 (00:43:40)	00:13:50	00:28:13	00:42:47
225	627	MAJDAN	Stanisław	POL	SOKÓŁ Lubin	1989	M-18	58	00:43:40 (00:43:40)	00:13:20	00:28:09	00:42:47
226	219	MODZELEWSKA	Magdalena	POL	Wałbrzych	1982	K-18	9	00:43:41 (00:43:41)	00:13:53	00:28:09	00:42:45
227	392	WRÓBLEWSKI	Mieczysław	POL	TRIATHLIN UAM Poznań	1956	M-50	28	00:43:43 (00:43:43)	00:13:52	00:28:12	00:42:50
228	288	KASZUBA	Edward	POL	WKB PIAST Wrocław	1945	M-60	3	00:43:44 (00:43:44)	00:13:54	00:28:10	00:42:47
229	568	KUCHARCZYK	Benedykt	POL	Boronów	1958	M-50	29	00:43:45 (00:43:45)	00:13:27	00:27:53	00:42:48
230	417	MANDAT	Jan	POL	KB LUPUS Oleśnica	1959	M-40	52	00:43:47 (00:43:47)	00:13:36	00:28:07	00:42:50
231	474	CIEŚLAK	Mariusz	POL	WKB PIAST Wrocław	1972	M-30	74	00:43:49 (00:43:49)	00:13:55	00:28:13	00:42:52
232	494	BELA	Grzegorz	POL	MKB ORZEŁ Milicz	1985	M-18	59	00:43:53 (00:43:53)	00:13:56	00:28:28	00:42:57
233	497	GRABOWSKI	Kacper	POL	KS PEGAZ Wrocław	1992	M-18	60	00:43:54 (00:43:54)	00:14:21	00:28:33	00:43:04
234	397	MARKIEWICZ	Wiesław	POL	ŻÓŁWIK Opole	1957	M-50	30	00:43:55 (00:43:55)	00:13:51	00:28:24	00:42:58
235	405	KOWAL	Artur	POL	Czajków	1992	M-18	61	00:43:55 (00:43:55)	00:13:06	00:28:28	00:43:09
236	180	CHAJDAS	Włodzimierz	POL	KB GEOTERMIA Uniejów	1965	M-40	53	00:43:56 (00:43:56)	00:14:07	00:28:30	00:43:06
237	236	WÓJCIK	Piotr	POL	TSS KRET Trzebnica	1974	M-30	75	00:43:58 (00:43:58)	00:14:00	00:28:35	00:43:10
238	371	MOSIO	Józef	POL	DĘBY Wałbrzych	1951	M-50	31	00:44:00 (00:44:00)	00:13:56	00:28:34	00:43:07
239	353	GŁUSZKO	Krzysztof	POL	RUNNER Góra	1958	M-50	32	00:44:03 (00:44:03)	00:14:30	00:29:06	00:43:20
240	318	RYBA	Jan	POL	Wrocław	1962	M-40	54	00:44:05 (00:44:05)	00:13:51	00:28:24	00:43:09
241	317	MRÓZ	Wacław	POL	WKB PIAST Wrocław	1957	M-50	33	00:44:07 (00:44:07)	00:14:33	00:28:48	00:43:14
242	62	HYS	Damian	POL	Trzebnica	1975	M-30	76	00:44:10 (00:44:10)	00:14:20	00:28:46	00:43:25
243	60	GRABKOWSKI	Robert	POL	Policja Trzebnica	1969	M-30	77	00:44:11 (00:44:11)	00:13:59	00:28:35	00:43:21
244	138	SZULC	Ryszard	POL	KB Milicz	1952	M-50	34	00:44:12 (00:44:12)	00:13:56	00:28:28	00:43:19

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
245	482	GROMKO	Andrzej	POL	ORZEŁ Milicz	1957	M-50	35	00:44:16 (00:44:16)	00:13:55	00:28:28	00:43:19
246	149	ŻOŁNOWSKI	Marcin	POL	NKB ZRYW Namysłów	1973	M-30	78	00:44:17 (00:44:17)	00:13:53	00:28:15	00:43:20
247	592	WALAWANDEZ	Andrzej	POL	PIAST	1968	M-40	55	00:44:23 (00:44:23)	00:14:13	00:28:48	00:43:31
248	192	SZNAJDER	Marian	POL	FREDEX Nowa Sól	1966	M-40	56	00:44:28 (00:44:28)	00:14:07	00:28:41	00:43:29
249	478	URAMEK	Andrzej	POL	Wrocław	1984	M-18	62	00:44:30 (00:44:30)	00:14:56	00:29:27	00:43:38
250	354	EAGER	Paul	USA	Lubin	1968	M-40	57	00:44:34 (00:44:34)	00:13:48	00:28:39	00:43:37
251	326	DANEK	Maciej	POL	Poznań	1973	M-30	79	00:44:39 (00:44:39)	00:14:22	00:29:04	00:43:51
252	432	ROGOWSKI	Leszek	POL	Zielona Góra	1948	M-60	4	00:44:40 (00:44:40)	00:14:01	00:28:57	00:43:40
253	391	KOWALCZYK	Sylwester	POL	Hurt. Bud. Bożena Sobótk	1985	M-18	63	00:44:41 (00:44:41)	00:13:29	00:28:29	00:43:40
254	333	PALUSZKIEWICZ	Bogdan	POL	UKS BISKUPIANKA	1972	M-30	80	00:44:43 (00:44:43)	00:14:21	00:29:02	00:43:50
255	737	MADEJ	Mateusz	POL	Wilczy Las	1991	M-18	64	00:44:46 (00:44:46)	00:15:17	00:30:00	00:43:58
256	90	SALA	Mieczysław	POL	KB TP Jelenia Góry	1961	M-40	58	00:44:50 (00:44:50)	00:14:08	00:28:58	00:44:05
257	491	ŚWIĘTUCH	Krzysztof	POL	Wrocław	1979	M-18	65	00:44:51 (00:44:51)	00:15:22	00:29:38	00:43:50
258	320	IZAK	Andrzej	POL	KB ORZEŁ Milicz	1964	M-40	59	00:44:51 (00:44:51)	00:13:58	00:28:48	00:43:54
259	564	JANIAK	Witold	POL	Wrocław	1970	M-30	81	00:44:52 (00:44:52)	00:14:26	00:29:11	00:43:58
260	165	PERLAKOWSKI	Tadeusz	POL	TKKF HUTNIK Głogów	1956	M-50	36	00:44:52 (00:44:52)	00:14:56	00:29:49	00:44:02
261	480	MAJCHRZAK	Adam	POL	RADNICA TEAM	1975	M-30	82	00:44:53 (00:44:53)	00:14:08	00:29:09	00:44:03
262	679	STANISZ	Paweł	POL	MaratonyPolskie.PL TEAM	1974	M-30	83	00:44:54 (00:44:54)	00:15:12	00:29:53	00:44:05
263	308	KLUCZNY	Dawid	POL	KB LUPUS Oleśnica	1990	M-18	66	00:44:54 (00:44:54)	00:13:37	00:28:18	00:43:52
264	565	MARCINKIEWICZ	Tadeusz	POL	WKB PIAST Wrocław	1953	M-50	37	00:44:55 (00:44:55)	00:13:42	00:28:40	00:43:57
265	704	HORBOWY	Sławomir	POL	Lubsza	1963	M-40	60	00:45:01 (00:45:01)	00:14:32	00:29:25	00:44:06
266	705	ĆWIAKAŁA	Wojciech	POL	Jelenia Góra	1963	M-40	61	00:45:01 (00:45:01)	00:14:32	00:29:19	00:44:06
267	104	TYCZYŃSKI	Piotr	POL	Krotoszyn	1965	M-40	62	00:45:03 (00:45:03)	00:13:54	00:28:45	00:44:06
268	571	WAŚIK	Marek	POL	WKB META Lubliniec	1960	M-40	63	00:45:05 (00:45:05)	00:14:16	00:29:00	00:44:12
269	259	BANASZAK	Paweł	POL	KS KORMORAN Świąćciec	1971	M-30	84	00:45:05 (00:45:05)	00:14:29	00:29:24	00:44:18
270	64	JAKUBOWSKI	Karol	POL	WSOWL we Wrocławiu	1989	M-18	67	00:45:06 (00:45:06)	00:14:18	00:29:08	00:44:16
271	194	SZNAJDER	Zenon	POL	FREDEX Nowa Sól	1959	M-40	64	00:45:08 (00:45:08)	00:14:08	00:28:48	00:44:05
272	731	WESOŁOWSKI	Krzysztof	POL	POLAR Wrocław	1968	M-40	65	00:45:10 (00:45:10)	00:14:51	00:29:36	00:44:18
273	400	GOLEC	Dominik	POL	ZŁOTNICZANIE Wrocław	1978	M-30	85	00:45:13 (00:45:13)	00:14:10	00:27:26	00:44:17
274	260	NAPIERAŁA	Łukasz	POL	OPP Wrocław	1987	M-18	68	00:45:14 (00:45:14)	00:13:48	00:29:13	00:44:26
275	398	KANIOWSKI	Lesław	POL	LZS Trzebnica	1953	M-50	38	00:45:15 (00:45:15)	00:14:12	00:29:07	00:44:22
276	306	KLIMKOWSKI	Piotr	POL	TRIATHLON Lubin	1966	M-40	66	00:45:18 (00:45:18)	00:15:43	00:30:57	00:44:27
277	567	KITA	Marian	POL	KB STRZELEC Strzebiń	1963	M-40	67	00:45:18 (00:45:18)	00:14:05	00:29:18	00:44:27
278	467	BASIAK	Mateusz	POL	JW. 3744	1986	M-18	69	00:45:18 (00:45:18)	00:13:41	00:28:20	00:44:25
279	249	DAROWSKI	Dariusz	POL	Księginice	1972	M-30	86	00:45:19 (00:45:19)	00:14:03	00:29:48	00:44:28
280	522	HORAŁA	Piotr	POL	GB Wrocławskie Krasnale	1984	M-18	70	00:45:19 (00:45:19)	00:15:13	00:29:59	00:44:28
281	75	JARECKI	Przemysław	POL	Milicz	1991	M-18	71	00:45:20 (00:45:20)	00:15:30	00:30:25	00:44:29



<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
282	120	CEGLARZ	Mariusz	POL	Dobrzyca	1976	M-30	87	00:45:22 (00:45:22)	00:15:38	00:30:00	00:44:26
283	541	MATUSZEWSKI	Jacek	POL	TKKF TRUCHT WSPÓŁ.	1962	M-40	68	00:45:24 (00:45:24)	00:16:37	00:30:57	00:44:34
284	234	KLIS	Paweł	POL	Trzebnica	1977	M-30	88	00:45:24 (00:45:24)	00:14:16	00:28:58	00:44:28
285	67	OLENIASZ	Marek	POL	LZS Trzebnica	1955	M-50	39	00:45:25 (00:45:25)	00:13:58	00:29:21	00:44:31
286	449	SZCZĘŚNIAK	Józef	POL	Tyniec	1943	M-60	5	00:45:30 (00:45:30)	00:14:20	00:29:18	00:44:33
287	468	BRZEZIŃSKI	Bolesław	POL	Czerwieńsk	1944	M-60	6	00:45:31 (00:45:31)	00:14:27	00:29:36	00:44:34
288	461	KOBUSIŃSKI	Fryderyk	POL	SPARTA Nietkowice	1951	M-50	40	00:45:31 (00:45:31)	00:14:37	00:29:33	00:44:34
289	577	OSIKA	Marek	POL	WKB PIAST Wrocław	1965	M-40	69	00:45:32 (00:45:32)	00:14:44	00:29:43	00:44:40
290	117	MODRZEJEWSKI	Roman	POL	Grabów n/Prosną	1967	M-40	70	00:45:32 (00:45:32)	00:15:33	00:30:18	00:44:43
291	307	KARYŚ	Zbigniew	POL	ZG Lubin Solidarność	1965	M-40	71	00:45:36 (00:45:36)	00:15:20	00:30:09	00:44:42
292	92	RUTKOWSKI	Andrzej	POL	KB TP Jelenia Góra	1951	M-50	41	00:45:38 (00:45:38)	00:14:57	00:29:41	00:44:42
293	193	BRZEZIŃSKI	Wojciech	POL	Ścinawa	1962	M-40	72	00:45:40 (00:45:40)	00:14:11	00:29:22	00:44:37
294	189	BIELAWSKI	Jan	POL	Ścinawa	1964	M-40	73	00:45:41 (00:45:41)	00:14:39	00:29:38	00:44:45
295	596	NOSZCZYK	Paweł	POL	Kuźniczysko	1990	M-18	72	00:45:42 (00:45:42)	00:13:50	00:29:20	00:44:52
296	252	SMYKOWSKI	Władysław	POL	KB FIODOR Oława	1949	M-50	42	00:45:45 (00:45:45)	00:14:47	00:29:43	00:44:45
297	666	PISKOROWSKA	Danuta	POL	Wrocław	1980	K-18	10	00:45:45 (00:45:45)	00:14:13	00:29:29	00:44:48
298	357	DYDACKI	Marcin	POL	Trzebnica	1989	M-18	73	00:45:47 (00:45:47)	00:14:38	00:29:53	00:44:56
299	569	ANTKOWIAK	Mirosław	POL	Konin	1967	M-40	74	00:45:48 (00:45:48)	00:14:14	00:29:32	00:44:55
300	712	PIETRZYK	Dariusz	POL	Wrocław	1959	M-40	75	00:45:51 (00:45:51)	00:15:02	00:30:02	00:44:56
301	477	URAMEK	Grzegorz	POL	Wrocław	1974	M-30	89	00:45:51 (00:45:51)	00:15:18	00:30:05	00:44:57
302	87	SITEK	Przemysław	POL	KS MARATON Ostrów WI	1978	M-30	90	00:45:52 (00:45:52)	00:15:28	00:30:12	00:44:58
303	359	ZAJĄC	Krzysztof	POL	POLICJA Wrocław	1978	M-30	91	00:45:53 (00:45:53)	00:14:17	00:29:42	00:44:58
304	484	ZALĘSKI	Henryk	POL	WKB PIAST Wrocław	1945	M-60	7	00:45:53 (00:45:53)	00:14:44	00:29:33	00:44:54
305	339	ZADROŻNY	Krzysztof	POL	POLAR Wrocław	1954	M-50	43	00:45:54 (00:45:54)	00:14:41	00:29:54	00:45:02
306	74	JARECKI	Damian	POL	LZS Trzebnica	1991	M-18	74	00:45:56 (00:45:56)	00:15:36	00:30:43	00:45:12
307	446	SKIBA	Maciej	POL	WKB PODZAMCZE - Zam	1992	M-18	75	00:45:56 (00:45:56)	00:15:29	00:30:31	00:45:07
308	268	PIZIEWICZ	Dominik	POL	TSS Trzebnica	1974	M-30	92	00:45:56 (00:45:56)	00:13:57	00:29:28	00:45:06
309	587	KONRAD	Bartosz	POL	Ostrów Wlkp.	1990	M-18	76	00:45:57 (00:45:57)	00:14:16	00:29:20	00:44:59
310	227	ŚWISTAK	Tomasz	POL	KB LUPUS Syców	1972	M-30	93	00:45:58 (00:45:58)	00:14:29	00:29:41	00:45:04
311	45	WOLSKI	Paweł	POL	TSS Trzebnica	1967	M-40	76	00:45:59 (00:45:59)	00:14:11	00:29:27	00:45:03
312	631	KASPRZAK	Krzysztof	POL	Góra	1971	M-30	94	00:46:03 (00:46:03)	00:14:15	00:29:38	00:45:10
313	561	DZIURDZIEWSKI	Mirosław	POL	WKB PIAST Wrocław	1960	M-40	77	00:46:07 (00:46:07)	00:15:48	00:30:41	00:45:11
314	118	PAWŁOWSKI	Tomasz	POL	Dobrzyca	1979	M-18	77	00:46:09 (00:46:09)	00:14:50	00:29:55	00:45:10
315	147	MARKOWSKI	Zbigniew	POL	WKB META Lubliniec	1970	M-30	95	00:46:10 (00:46:10)	00:14:32	00:29:43	00:45:12
316	277	DUDZIK	Jacek	POL	LKS ISKRA Jaszkowa	1955	M-50	44	00:46:11 (00:46:11)	00:15:10	00:30:16	00:45:12
317	622	MICHALSKI	Adam	POL	ANTEX Sobótka	1970	M-30	96	00:46:11 (00:46:11)	00:14:45	00:29:54	00:45:14
318	630	SOCZOMSKI	Mirosław	POL	EDI TEAM Zgorzelec	1965	M-40	78	00:46:14 (00:46:14)	00:14:25	00:30:03	00:45:16

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
319	539	BIŁAS	Stanisław	POL	PKS Brzeg	1956	M-50	45	00:46:16 (00:46:16)	00:14:52	00:30:18	00:45:18
320	135	NOWICKI	Andrzej	POL	Bielawa	1961	M-40	79	00:46:18 (00:46:18)	00:15:18	00:30:39	00:45:24
321	723	LISTOWSKI	Andrzej	POL	Namysłów	1968	M-40	80	00:46:19 (00:46:19)	00:15:52	00:30:41	00:45:22
322	455	RAFAŁOWICZ	Rafał	POL	KPP w Polkowicach	1974	M-30	97	00:46:19 (00:46:19)	00:14:46	00:30:10	00:45:23
323	223	RUTKOWSKI	Marian	POL	Świat Maratończyka Kożu	1947	M-60	8	00:46:22 (00:46:22)	00:14:33	00:30:00	00:45:19
324	198	HARBUL	Ryszard	POL	LUKS Żórawina	1961	M-40	81	00:46:22 (00:46:22)	00:14:36	00:29:52	00:45:25
325	542	JABŁOŃSKI	Andrzej	POL	TKKF RELAX	1936	M-70	1	00:46:25 (00:46:25)	00:15:00	00:30:20	00:45:26
326	251	MARKOWSKI	Mateusz	POL	KB FIODOR Olawa	1991	M-18	78	00:46:27 (00:46:27)	00:13:26	00:27:29	00:45:04
327	442	WRZESZCZ	Mariusz	POL	AZS AWF Wrocław	1991	M-18	79	00:46:29 (00:46:29)	00:14:34	00:29:53	00:45:37
328	744	GOŁĘBIEWICZ	Ludwik	POL	WOLNA WIEŚ Nowosielce	1960	M-40	82	00:46:31 (00:46:31)	00:15:08	00:30:24	00:45:35
329	738	KURAS	Wojciech	POL	Pasieka	1980	M-18	80	00:46:33 (00:46:33)	00:15:32	00:30:37	00:45:32
330	327	NIZYŃSKI	Janusz	POL	Wrocław	1960	M-40	83	00:46:38 (00:46:38)	00:15:02	00:30:25	00:45:41
331	323	PIOTRKOWSKI	Jerzy	POL	WKB PIAST Wrocław	1958	M-50	46	00:46:39 (00:46:39)	00:14:41	00:29:45	00:45:43
332	614	ADAMSKI	Wojciech	POL	Wrocław	1950	M-50	47	00:46:42 (00:46:42)	00:14:31	00:30:04	00:45:48
333	226	DASZKIEWICZ	Michał	POL	Wrocław	1982	M-18	81	00:46:42 (00:46:42)	00:14:45	00:30:33	00:45:52
334	173	PINKOWSKI	Edmund	POL	KS MARATON Ostrów WI	1966	M-40	84	00:46:43 (00:46:43)	00:14:21	00:30:09	00:45:50
335	716	SZUMIGAJ	Waldemar	POL	Przedmoście	1985	M-18	82	00:46:44 (00:46:44)	00:14:42	00:30:11	00:45:48
336	574	PUSZCZEWICZ	Zenon	POL	KB LUPUS Oleśnica Brze	1941	M-60	9	00:46:44 (00:46:44)	00:14:13	00:29:48	00:45:40
337	222	GULACZ	Marek	POL	Wałbrzych	1960	M-40	85	00:46:45 (00:46:45)	00:14:33	00:30:20	00:45:52
338	102	KNAPIK	Jan	POL	Krotoszyn	1959	M-40	86	00:46:45 (00:46:45)	00:14:42	00:30:15	00:45:53
339	389	ERTEL	Radosław	POL	MaratonyPolskie.PL TEAM	1968	M-40	87	00:46:46 (00:46:46)	00:15:51	00:31:02	00:46:00
340	305	KLUCZNY	Janusz	POL	KB LUPUS Oleśnica	1962	M-40	88	00:46:47 (00:46:47)	00:14:43	00:30:19	00:45:50
341	273	BASZCZIJ	Michał	POL	MOTO Jelcz-Laskowice	1993	M-18	83	00:46:47 (00:46:47)	00:14:02	00:30:07	00:45:53
342	696	DUBOWIECKI	Witold	POL	Miłowice	1971	M-30	98	00:46:47 (00:46:47)	00:14:34	00:30:00	00:45:46
343	85	STODOLSKI	Tomasz	POL	KS MARATON Ostrów WI	1956	M-50	48	00:46:47 (00:46:47)	00:15:20	00:30:36	00:45:55
344	613	MACHATA	Jacek	POL	Wrocław	1978	M-30	99	00:46:51 (00:46:51)	00:15:20	00:30:41	00:45:54
345	553	SZOSTAK	Łukasz	POL	KB LUPUS Oleśnica	1983	M-18	84	00:46:52 (00:46:52)	00:14:23	00:30:28	00:45:59
346	191	WIELGOSZ	Leszek	POL	FREDEX Nowa Sól	1963	M-40	89	00:46:52 (00:46:52)	00:15:38	00:30:57	00:45:58
347	100	WAWRZYNIAK	Leon	POL	KS MARATON Ostrów WI	1946	M-60	10	00:46:58 (00:46:58)	00:14:37	00:30:17	00:46:02
348	708	ALEKSY	Borys	POL	Wrocław	1980	M-18	85	00:46:58 (00:46:58)	00:16:52	00:31:51	00:46:06
349	375	SALMANOWICZ	Zdzisław	POL	MARATOŃCZYK Zielona	1951	M-50	49	00:46:59 (00:46:59)	00:14:37	00:29:59	00:46:00
350	103	OLEJNICZAK	Witold	POL	KS MARATON Ostrów WI	1949	M-50	50	00:47:03 (00:47:03)	00:15:05	00:30:36	00:46:02
351	516	KOZIMOR	Wiesław	POL	MaratonyPolskie.PL TEAM	1961	M-40	90	00:47:04 (00:47:04)	00:14:53	00:30:25	00:46:05
352	201	GRĘDA	Józef	POL	KB LUPUS Syców	1946	M-60	11	00:47:12 (00:47:12)	00:15:02	00:30:43	00:46:05
353	740	JAKUBOWSKI	Adrian	POL	Oleśnica	1976	M-30	100	00:47:12 (00:47:12)	00:15:12	00:30:52	00:46:19
354	647	PROKOPCZYK	Marcin	POL	Góra	1977	M-30	101	00:47:13 (00:47:13)	00:15:51	00:31:06	00:46:20
355	111	SZCZEŚNIAK	Andrzej	POL	KS ARTEMIS Wrocław	1949	M-50	51	00:47:15 (00:47:15)	00:14:50	00:30:33	00:46:18

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
356	591	NAZAREWICZ	Mieczysław	POL	Legnica	1969	M-30	102	00:47:15 (00:47:15)	00:15:16	00:31:01	00:46:28
357	267	PRZECH	Władysław	POL	WKB PIAST Wrocław	1956	M-50	52	00:47:15 (00:47:15)	00:14:28	00:30:10	00:46:15
358	422	DYBIEC	Arkadiusz	POL	Kamienna Góra	1973	M-30	103	00:47:16 (00:47:16)	00:15:47	00:31:02	00:46:22
359	433	GODLEWSKI	Bogdan	POL	KB TKKF Polkowice	1974	M-30	104	00:47:17 (00:47:17)	00:15:58	00:31:13	00:46:22
360	722	MACHOŃ	Piotr	POL	Chocianów	1977	M-30	105	00:47:18 (00:47:18)	00:15:37	00:30:54	00:46:20
361	266	GÓRNY	Tomasz	POL	KORMORAN Świąciechow	1982	M-18	86	00:47:20 (00:47:20)	00:14:08	00:29:26	00:46:15
362	379	CHWASTYK	Karol	POL	KB Kały Wr.	1938	M-70	2	00:47:20 (00:47:20)	00:15:35	00:31:05	00:46:20
363	487	BRONIECKI	Maciej	POL	KB ORZEŁ Milicz	1991	M-18	87	00:47:21 (00:47:21)	00:14:20	00:30:03	00:46:20
364	600	PLUCIŃSKI	Dariusz	POL	WKB PIAST Wrocław	1962	M-40	91	00:47:22 (00:47:22)	00:14:14	00:29:53	00:46:18
365	427	LEŚKIEWICZ	Zofia	POL	Bielsko-Biała	1952	K-50	1	00:47:23 (00:47:23)	00:15:08	00:30:50	00:46:23
366	386	STOJKE	Dariusz	POL	Radwanice	1969	M-30	106	00:47:24 (00:47:24)	00:15:16	00:31:01	00:46:28
367	680	NIEZGÓDKA	Przemysław	POL	Politechnika Wrocławska	1984	M-18	88	00:47:27 (00:47:27)	00:14:47	00:30:40	00:46:34
368	296	WALCZYKIEWICZ	Mariusz	POL	LKS ISKRA Jaszkowa	1982	M-18	89	00:47:28 (00:47:28)	00:14:38	00:31:02	00:46:31
369	437	SOBCZAK	Hubert	POL	Rawicz	1987	M-18	90	00:47:28 (00:47:28)	00:15:24	00:31:06	00:46:39
370	174	KOTOWICZ	Przemysław	POL	Wrocław	1965	M-40	92	00:47:30 (00:47:30)	00:15:16	00:30:59	00:46:33
371	727	MASALSKA	Agata	POL	VASCO Wrocław	1981	K-18	11	00:47:31 (00:47:31)	00:15:24	00:30:53	00:46:34
372	130	LIPOWSKI	Zdzisław	POL	KB LEW Legnica	1946	M-60	12	00:47:35 (00:47:35)	00:15:04	00:30:45	00:46:34
373	58	KUCZAJ	Tomasz	POL	STRZAŻ POŻARNA Trzeb	1983	M-18	91	00:47:36 (00:47:36)	00:14:18	00:30:44	00:46:48
374	426	SZATKOWSKI	Michał	POL	ULKS PODLASIE Wołów	1981	M-18	92	00:47:36 (00:47:36)	00:14:42	00:30:19	00:46:39
375	466	DURBAJŁO	Paweł	POL	LO 10 Wrocław/ Trzebnica	1990	M-18	93	00:47:38 (00:47:38)	00:14:22	00:30:42	00:46:53
376	657	WIŚNIEWSKI	Wojciech	POL	Góra Śląska	1953	M-50	53	00:47:43 (00:47:43)	00:16:34	00:31:49	00:46:50
377	460	GRABARCZYK	Michał	POL	KS PEGAZ Wrocław	1986	M-18	94	00:47:44 (00:47:44)	00:15:42	00:31:25	00:46:50
378	272	BASZCZIJ	Marek	POL	MOTO Jelcz-Laskowice	1959	M-40	93	00:47:46 (00:47:46)	00:14:19	00:30:19	00:46:44
379	719	ŁEBZUCH	Tomasz	POL	Brochocin	1989	M-18	95	00:47:48 (00:47:48)	00:14:31	00:30:40	00:46:52
380	636	BORUCKI	Artur	POL	WKB PIAST Wrocław	1964	M-40	94	00:47:49 (00:47:49)	00:15:17	00:30:44	00:46:53
381	624	ZALEWSKI	Piotr	POL	KB FIODOR Oława	1987	M-18	96	00:47:52 (00:47:52)	00:15:31	00:31:13	00:46:57
382	597	WEOŁOWSKI	Stanisław	POL	Uraz	1954	M-50	54	00:47:53 (00:47:53)	00:15:32	00:30:59	00:46:52
383	403	SOBCZAK	Andrzej	POL	KB Kały Wrocławskie	1961	M-40	95	00:47:53 (00:47:53)	00:15:38	00:31:12	00:46:54
384	621	ŁABUZ	Marek	POL	WKB PIAST Wrocław	1956	M-50	55	00:47:54 (00:47:54)	00:15:29	00:30:55	00:46:51
385	498	RABSKI	Marcin	POL	Wrocław	1977	M-30	107	00:47:55 (00:47:55)	00:15:40	00:31:20	00:46:55
386	504	DUDZIŃSKI	Marcin	POL	Wałbrzych	1978	M-30	108	00:48:05 (00:48:05)	00:14:48	00:31:04	00:47:14
387	544	FRONTCZAK	Marek	POL	KTS SUPERMARATON K	1952	M-50	56	00:48:06 (00:48:06)	00:15:00	00:30:52	00:47:00
388	328	WOŹNIAK	Piotr	POL	WKB PIAST Wrocław	1964	M-40	96	00:48:08 (00:48:08)	00:16:54	00:32:21	00:47:07
389	711	PIĘT	Tomasz	POL	Świerzów	1981	M-18	97	00:48:16 (00:48:16)	00:14:33	00:30:45	00:47:25
390	520	NIEWIADOMSKI	Zbigniew	POL	Lubin	1952	M-50	57	00:48:16 (00:48:16)	00:15:41	00:31:23	00:47:15
391	697	KROWICKA	Dorota	POL	WKB PIAST Wrocław	1969	K-30	4	00:48:16 (00:48:16)	00:16:00	00:31:47	00:47:22
392	190	KOGUT	Stanisław	POL	HERMES Świdnica	1981	M-18	98	00:48:17 (00:48:17)	00:15:06	00:31:02	00:47:27

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
393	347	DĄBROWSKI	Sebastian	POL	Szczawno Zdrój	1984	M-18	99	00:48:18 (00:48:18)	00:14:47	00:30:30	00:47:24
394	181	KOTŁOWSKI	Janusz	POL	KB GEOTERMIA Uniejów	1966	M-40	97	00:48:18 (00:48:18)	00:15:11	00:31:09	00:47:21
395	661	KOWALIK	Marzena	POL	Biedaszków Mały	1991	K-18	12	00:48:23 (00:48:23)	00:14:55	00:30:58	00:47:28
396	706	PAWLAK	Kazimierz	POL	KS MARATON Ostrów WI	1959	M-40	98	00:48:24 (00:48:24)	00:15:37	00:31:37	00:47:37
397	676	KULESZA	Adam	POL	Wrocław	1971	M-30	109	00:48:24 (00:48:24)	00:15:45	00:31:32	00:47:30
398	125	KARKOSZKA	Marcin	POL	Masanów	1990	M-18	100	00:48:25 (00:48:25)	00:15:42	00:31:35	00:47:30
399	469	DĄBROWSKI	Jerzy	POL	KB LEW Legnica	1953	M-50	58	00:48:26 (00:48:26)	00:15:07	00:30:53	00:47:26
400	47	ZAJĄCZKOWSKI	Dariusz	POL	PSPożarna Trzebnica	1968	M-40	99	00:48:26 (00:48:26)	00:15:31	00:31:17	00:47:32
401	448	JAGODZIŃSKI	Józef	POL	WKB Wałbrzych	1944	M-60	13	00:48:27 (00:48:27)	00:16:01	00:32:05	00:47:32
402	265	GÓRNY	Marek	POL	KORMORAN Świąciechow	1955	M-50	59	00:48:31 (00:48:31)	00:16:25	00:32:27	00:47:31
403	356	RYMARSKI	Arkadiusz	POL	Wrocław	1975	M-30	110	00:48:32 (00:48:32)	00:16:09	00:32:11	00:47:37
404	176	RYBACKI	Filip	POL	Wrocław	1973	M-30	111	00:48:33 (00:48:33)	00:15:42	00:31:35	00:47:35
405	131	SUŁEK	Józef	POL	LZS Trzebnica	1961	M-40	100	00:48:35 (00:48:35)	00:15:15	00:31:20	00:47:36
406	714	FLEISCHER	Leszek	POL	Ostrów Wlkp.	1975	M-30	112	00:48:37 (00:48:37)	00:15:34	00:31:36	00:47:38
407	150	PIETRUSZEWSKI	Jerzy	POL	Jelenia Góra	1947	M-60	14	00:48:40 (00:48:40)	00:16:34	00:32:26	00:47:42
408	199	LITWIN	Jan	POL	Ścieżki Biegowe NIKE Wr	1961	M-40	101	00:48:43 (00:48:43)	00:15:30	00:31:26	00:47:44
409	513	CYMANEK	Andrzej	POL	EK TWARDZIEL Wrocław	1962	M-40	102	00:48:43 (00:48:43)	00:15:30	00:31:44	00:47:45
410	549	KOMÓR	Wiesław	POL	Wrocław	1962	M-40	103	00:48:43 (00:48:43)	00:15:50	00:31:57	00:47:46
411	324	MORAWSKA	Marzena	POL	WKB PIAST Wrocław	1972	K-30	5	00:48:44 (00:48:44)	00:15:44	00:31:47	00:47:42
412	471	CHOJNACKI	Witold	POL	Lubań	1967	M-40	104	00:48:49 (00:48:49)	00:15:36	00:31:29	00:47:50
413	650	WAWRZYNIAK	Bogusław	POL	KS MARATON Ostrów WI	1965	M-40	105	00:48:49 (00:48:49)	00:15:29	00:31:51	00:47:55
414	669	WOJTYŁŁO	Krzysztof	POL	WKB PIAST Wrocław	1949	M-50	60	00:48:49 (00:48:49)	00:15:43	00:31:39	00:47:48
415	435	SMACK	Krzysztof	POL	LUKS Żórawina	1975	M-30	113	00:48:51 (00:48:51)	00:15:45	00:31:48	00:47:51
416	608	WOLNIAK	Andrzej	POL	SUPERMARATON	1954	M-50	61	00:48:54 (00:48:54)	00:15:32	00:31:35	00:47:55
417	707	RASZEWSKI	Włodzimierz	POL	KS MARATON Ostrów WI	1963	M-40	106	00:48:54 (00:48:54)	00:15:37	00:31:38	00:47:51
418	303	ROGAŁA	Jakub	POL	Wrocław	1980	M-18	101	00:48:54 (00:48:54)	00:15:45	00:31:46	00:47:56
419	213	FRANKOWSKI	Jakub	POL	KS MARATON Ostrów WI	1990	M-18	102	00:48:55 (00:48:55)	00:16:34	00:32:51	00:47:59
420	166	URBANIAK	Piotr	POL	MC WERNE	1953	M-50	62	00:48:56 (00:48:56)	00:15:35	00:31:50	00:47:57
421	388	RUDNICKI	Piotr	POL	Trzebnica	1989	M-18	103	00:49:03 (00:49:03)	00:14:47	00:31:14	00:48:10
422	750	SMAZA	Dariusz	POL	WKB PIAST Wrocław	1963	M-40	107	00:49:08 (00:49:08)	00:15:09	00:31:27	00:48:15
423	473	KRAWCZYK	Małgorzata	POL	KB ORZEŁ Milicz	1972	K-30	6	00:49:10 (00:49:10)	00:15:27	00:31:43	00:48:05
424	535	SZWED	Bolesław	POL	Kielcz	1959	M-40	108	00:49:12 (00:49:12)	00:15:48	00:31:59	00:48:06
425	612	ŁYJAK	Błażej	POL	bikestats.pl	1979	M-18	104	00:49:13 (00:49:13)	00:16:11	00:32:32	00:48:16
426	416	LAUNER	Tomasz	POL	KOMSA Polska Wrocław	1972	M-30	114	00:49:15 (00:49:15)	00:16:24	00:32:15	00:48:14
427	580	KOPIJ	Henryk	POL	PKS Brzeg	1955	M-50	63	00:49:17 (00:49:17)	00:15:36	00:31:41	00:48:13
428	590	JANIA	Karolina	POL	KS PEGAZ Wrocław	1988	K-18	13	00:49:17 (00:49:17)	00:15:51	00:32:30	00:48:17
429	38	BAK	Piotr	POL	Trzebnica	1992	M-18	105	00:49:18 (00:49:18)	00:15:00	00:32:22	00:48:28

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
430	486	WASYLÓW	Andrzej	POL	WKB PIAST Wrocław	1964	M-40	109	00:49:19	(00:49:19)	00:16:08	00:32:10	00:48:23
431	278	KOZDRA	Mieczysław	POL	WKB PIAST Wrocław	1941	M-60	15	00:49:21	(00:49:21)	00:15:09	00:31:27	00:48:15
432	56	JANICKI	Jacek	POL	Borów	1991	M-18	106	00:49:22	(00:49:22)	00:15:28	00:32:13	00:48:30
433	694	GAJOWCZYK	Marek	POL	Oborniki Śl.	1958	M-50	64	00:49:23	(00:49:23)	00:15:43	00:31:54	00:48:25
434	141	MORYC	Jarosław	POL	Wrocław	1971	M-30	115	00:49:23	(00:49:23)	00:16:34	00:32:52	00:48:31
435	584	MAZUR	Tadeusz	POL	WKB META Lubliniec	1947	M-60	16	00:49:25	(00:49:25)	00:15:22	00:31:47	00:48:22
436	127	SZCZEPANIAK	Mateusz	POL	Karłowice	1991	M-18	107	00:49:26	(00:49:26)	00:15:10	00:32:20	00:48:29
437	96	MIAZGA	Maciej	POL	KS MARATON Ostrów WI	1979	M-18	108	00:49:26	(00:49:26)	00:16:21	00:32:33	00:48:27
438	662	WALIDUDA	Jarosław	POL	KB LUPUS Oleśnica	1972	M-30	116	00:49:27	(00:49:27)	00:16:10	00:32:19	00:48:25
439	728	MUSIELAK	Krystyna	POL	LZS Żmigród	1964	K-40	4	00:49:29	(00:49:29)	00:15:31	00:31:59	00:48:28
440	408	ELING	Artur	POL	SUMER Rawicz	1971	M-30	117	00:49:29	(00:49:29)	00:17:04	00:33:12	00:48:35
441	411	GLINKA	Krzysztof	POL	SUREM Rawicz	1970	M-30	118	00:49:30	(00:49:30)	00:17:04	00:33:12	00:48:35
442	551	GIERAS	Mirosław	POL	DELOITTE ADVENTURE	1973	M-30	119	00:49:32	(00:49:32)	00:16:01	00:32:09	00:48:32
443	33	HAZUBSKA	Anna	POL	LZS Trzebnica	1969	K-30	7	00:49:34	(00:49:34)	00:15:40	00:32:07	00:48:32
444	537	SOBERA	Andrzej	POL	Wrocław	1972	M-30	120	00:49:39	(00:49:39)	00:15:40	00:31:51	00:48:34
445	114	KĘPA	Wiesław	POL	KALENICA Bielawa	1959	M-40	110	00:49:40	(00:49:40)	00:15:23	00:31:46	00:48:32
446	418	TOMCZYK	Tomasz	POL	Wrocław	1987	M-18	109	00:49:41	(00:49:41)	00:16:20	00:33:33	00:48:47
447	406	CIOŁEK	Waldemar	POL	Kraszewice	1966	M-40	111	00:49:43	(00:49:43)	00:15:21	00:31:53	00:48:39
448	285	CZEKAŁA	Przemysław	POL	Wrocław	1959	M-40	112	00:49:43	(00:49:43)	00:16:39	00:32:48	00:48:44
449	132	CHOMIK	Łukasz	POL	Gaworzyce	1992	M-18	110	00:49:44	(00:49:44)	00:14:46	00:32:45	00:48:49
450	231	DURAJ	Tomasz	POL	Uniwersytet Wrocławski	1987	M-18	111	00:49:45	(00:49:45)	00:16:13	00:32:15	00:48:42
451	41	PAWLACZEK	Michał	POL	Trzebnica	1969	M-30	121	00:49:46	(00:49:46)	00:16:27	00:32:45	00:48:49
452	573	KARASOWSKI	Marek	POL	BKB MARATOŃCZYK Brz	1960	M-40	113	00:49:51	(00:49:51)	00:16:06	00:32:23	00:48:46
453	23	KSOK	Anna	POL	Ścieżki Biegowe NIKE Wr	1983	K-18	14	00:49:52	(00:49:52)	00:16:09	00:32:22	00:48:55
454	692	KULPA	Paweł	POL	Bukowice	1964	M-40	114	00:49:55	(00:49:55)	00:16:31	00:33:00	00:49:00
455	256	GUSZPIT	Ireneusz	POL	WKB PIAST Wrocław	1951	M-50	65	00:49:57	(00:49:57)	00:15:52	00:32:11	00:48:57
456	512	WALCZAK	Ryszard	POL	MARATOŃCZYK Zielona	1950	M-50	66	00:49:59	(00:49:59)	00:16:44	00:33:05	00:48:58
457	335	MŁYNARSKI	Andrzej	POL	RUNNERS Góra	1959	M-40	115	00:50:04	(00:50:04)	00:16:34	00:32:58	00:48:59
458	361	KAMIŃSKI	Andrzej	POL	POLICJA Wrocław	1972	M-30	122	00:50:05	(00:50:05)	00:14:07	00:30:41	00:49:09
459	654	CZERWIŃSKI	Eugeniusz	POL	T.S.A ZAKWAS Kędzierzy	1964	M-40	116	00:50:06	(00:50:06)	00:16:32	00:32:44	00:49:05
460	425	MOSZONKA	Henryk	POL	LUKS Żórawina	1957	M-50	67	00:50:07	(00:50:07)	00:16:08	00:32:38	00:49:06
461	651	STANKIEWICZ	Iwona	POL	WKB PIAST Wrocław	1959	K-40	5	00:50:08	(00:50:08)	00:15:55	00:32:37	00:49:10
462	264	SYRKO	Marcin	POL	TSS Trzebnica	1974	M-30	123	00:50:09	(00:50:09)	00:15:53	00:32:34	00:49:10
463	314	PALCZAK	Józef	POL	WKB PIAST Wrocław	1941	M-60	17	00:50:10	(00:50:10)	00:16:44	00:33:02	00:49:10
464	232	DACEWICZ	Leszek	POL	Jelenia Góra	1941	M-60	18	00:50:12	(00:50:12)	00:15:53	00:32:29	00:49:09
465	106	MAĆKOWIAK	Valery	POL	Krotoszyn	1954	M-50	68	00:50:13	(00:50:13)	00:16:02	00:32:44	00:49:11
466	112	BASIŃSKI	Mariusz	POL	Krotoszyn	1961	M-40	117	00:50:15	(00:50:15)	00:15:34	00:32:22	00:49:11

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
467	80	ORZECZOWSKI	Paweł	POL	TSS Trzebnica	1965	M-40	118	00:50:16 (00:50:16)	00:16:28	00:32:47	00:49:14
468	470	JODKOWSKI	Radosław	POL	Wrocław	1977	M-30	124	00:50:18 (00:50:18)	00:15:54	00:32:12	00:49:07
469	367	ZALEWSKA	Małgorzata	POL	ZŁOTNICZANIE Wrocław	1992	K-18	15	00:50:18 (00:50:18)	00:16:13	00:32:53	00:49:18
470	364	SAKOWICZ	Paweł	POL	KS KORMORAN Świąćiec	1977	M-30	125	00:50:23 (00:50:23)	00:16:35	00:33:18	00:49:24
471	68	KASPEREK	Patryk	POL	Trzebnica	1991	M-18	112	00:50:27 (00:50:27)	00:15:04	00:32:26	00:49:36
472	488	DRABIK	Marcin	POL	WKB PIAST Wrocław	1971	M-30	126	00:50:28 (00:50:28)	00:16:17	00:32:47	00:49:29
473	291	MARZEC	Henryk	POL	SFORA Sobótka	1956	M-50	69	00:50:29 (00:50:29)	00:16:45	00:33:12	00:49:34
474	743	KOLAR	Petr	CZE	Brno	1980	M-18	113	00:50:33 (00:50:33)	00:15:03	00:31:39	00:49:17
475	146	BYSIEC	Czesław	POL	WKB META Lubliniec	1949	M-50	70	00:50:34 (00:50:34)	00:15:50	00:32:45	00:49:26
476	485	WIŚNIEWSKI	Piotr	POL	WKB PIAST Wrocław	1972	M-30	127	00:50:35 (00:50:35)	00:17:00	00:33:23	00:49:25
477	148	GOŁEK	Diana	POL	WKB META Lubliniec	1983	K-18	16	00:50:36 (00:50:36)	00:15:50	00:32:45	00:49:26
478	91	DECKERT	Jan	POL	Poznań	1954	M-50	71	00:50:36 (00:50:36)	00:16:19	00:32:49	00:49:35
479	140	MAREK	Stanisław	POL	LUPUS	1954	M-50	72	00:50:37 (00:50:37)	00:15:58	00:32:34	00:49:35
480	742	SIERŻANT	Wojciech	POL	Trzebnica	1993	M-18	114	00:50:38 (00:50:38)	00:18:07	00:34:24	00:49:56
481	210	BOŚLAK	Łukasz	POL	Ostrów Wlkp.	1975	M-30	128	00:50:39 (00:50:39)	00:16:32	00:32:55	00:49:38
482	700	WIELGUS	Urszula	POL	Rościszawice	1962	K-40	6	00:50:40 (00:50:40)	00:15:02	00:32:12	00:49:38
483	113	JAKUBOWSKI	Mirosław	POL	KB LEW Legnica	1959	M-40	119	00:50:40 (00:50:40)	00:16:01	00:32:37	00:49:34
484	699	WIELGUS	Jan	POL	ARTEMIS Wrocław	1961	M-40	120	00:50:40 (00:50:40)	00:15:02	00:32:12	00:49:38
485	533	KRZEMIŃSKI	Marek	POL	Wrocław	1954	M-50	73	00:50:41 (00:50:41)	00:15:10	00:31:53	00:49:29
486	295	JANIAK	Adam	POL	KB ORZEŁ Milicz	1977	M-30	129	00:50:45 (00:50:45)	00:14:30	00:31:19	00:49:32
487	550	WNUK	Krzysztof	POL	PAR KB ANTONI Nowa S	1963	M-40	121	00:50:45 (00:50:45)	00:15:20	00:32:38	00:49:51
488	443	ZIĘBA	Julian	POL	Wrocław	1946	M-60	19	00:50:45 (00:50:45)	00:16:42	00:33:21	00:49:45
489	588	PIERZYŃSKA	Ludmiła	POL	KS PEGAZ Wrocław	1991	K-18	17	00:50:45 (00:50:45)	00:16:16	00:33:11	00:49:47
490	655	LAMIK	Gerard	GER	Braunschweig	1960	M-40	122	00:50:45 (00:50:45)	00:16:50	00:33:27	00:49:52
491	410	WOŹNICA	Roman	POL	Bierzyce	1971	M-30	130	00:50:48 (00:50:48)	00:16:33	00:33:26	00:50:01
492	556	RÓŻYŃSKI	Witold	POL	Środa Śl.	1950	M-50	74	00:50:50 (00:50:50)	00:15:58	00:32:52	00:49:46
493	63	DURA	Kazimierz	POL	WKB PIAST Wrocław	1939	M-60	20	00:50:52 (00:50:52)	00:15:53	00:32:45	00:49:49
494	502	SZAŁEK	Andrzej	POL	WKS OLEŚNICZKA Ole	1954	M-50	75	00:50:54 (00:50:54)	00:16:35	00:33:14	00:49:53
495	346	BIELECKI	Krzysztof	POL	WSOWLąd. Wrocław	1972	M-30	131	00:50:55 (00:50:55)	00:16:30	00:33:18	00:49:50
496	270	TRZEBSKI	Grzegorz	POL	Domanice	1980	M-18	115	00:50:55 (00:50:55)	00:17:38	00:33:48	00:49:51
497	382	TYLECKI	Andrzej	POL	KB Kały Wr.	1965	M-40	123	00:50:56 (00:50:56)	00:16:23	00:33:19	00:49:58
498	649	KADZIŃSKI	Wojciech	POL	Napachanie	1960	M-40	124	00:50:57 (00:50:57)	00:16:32	00:33:20	00:49:55
499	269	PISZCZAŁKA	Krzysztof	POL	Hurt.Bud. Bożena Sobótka	1961	M-40	125	00:50:59 (00:50:59)	00:17:02	00:33:27	00:49:57
500	381	STAROŚCIAK	Antoni	POL	WSOWLąd. Wrocław	1944	M-60	21	00:51:01 (00:51:01)	00:16:52	00:33:29	00:49:56
501	53	NASKRĘT	Eugeniusz	POL	Gmina Krośnice	1945	M-60	22	00:51:02 (00:51:02)	00:16:55	00:33:26	00:50:03
502	121	WICHLACZ	Michał	POL	Dobrzyca	1982	M-18	116	00:51:05 (00:51:05)	00:16:23	00:33:18	00:50:09
503	703	MAGAS	Jacek	POL	Wrocław	1971	M-30	132	00:51:05 (00:51:05)	00:17:23	00:33:47	00:50:09

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
504	44	ABULEWICZ	Andrzej	POL	PSPożarna Trzebnica	1958	M-50	76	00:51:05 (00:51:05)	00:16:10	00:33:09	00:49:57
505	563	MIZERA	Agnieszka	POL	Wrocław	1969	K-30	8	00:51:06 (00:51:06)	00:16:09	00:33:23	00:50:00
506	81	DUDRA	Mikołaj	POL	Opole	1948	M-60	23	00:51:07 (00:51:07)	00:16:03	00:32:55	00:50:02
507	119	LEWANDOWICZ	Tomasz	POL	Galew	1970	M-30	133	00:51:07 (00:51:07)	00:17:03	00:33:43	00:50:09
508	673	WOYCZYŃSKI	Dariusz	POL	Wrocław	1968	M-40	126	00:51:08 (00:51:08)	00:16:59	00:33:45	00:50:08
509	31	PILARZ MAŁKIEWI	Danuta	POL	WKB PIAST Wrocław	1964	K-40	7	00:51:08 (00:51:08)	00:16:27	00:33:14	00:50:05
510	420	SUJAK	Mieszko	POL	Wrocław	1987	M-18	117	00:51:10 (00:51:10)	00:16:35	00:33:33	00:50:24
511	559	URLICKI	Lech	POL	Nowa Sól	1950	M-50	77	00:51:11 (00:51:11)	00:15:52	00:32:50	00:50:04
512	240	WIERCIGROCH	Grzegorz	POL	Wrocław	1976	M-30	134	00:51:13 (00:51:13)	00:16:03	00:32:56	00:50:14
513	214	SONNEK	Zenon	POL	LUPUS Syców	1955	M-50	78	00:51:15 (00:51:15)	00:16:02	00:33:05	00:50:12
514	230	BRZEZIŃSKI	Zbigniew	POL	BKB Brzeg	1944	M-60	24	00:51:16 (00:51:16)	00:16:29	00:33:22	00:50:07
515	344	HOPPEL	Włodzimierz	POL	KB MANIAC Poznań	1947	M-60	25	00:51:19 (00:51:19)	00:17:09	00:33:54	00:50:21
516	78	PIETRAS	Marek	POL	Trzebnica	1985	M-18	118	00:51:19 (00:51:19)	00:16:37	00:33:13	00:50:15
517	610	RUTKOWSKI	Artur	POL	Wrocław	1967	M-40	127	00:51:21 (00:51:21)	00:16:47	00:33:36	00:50:18
518	401	MROŻEK	Mariusz	POL	OPP Wrocław	1976	M-30	135	00:51:22 (00:51:22)	00:16:18	00:32:54	00:50:13
519	715	OLEJNICZAK	Hieronim	POL	WKB PIAST Wrocław	1949	M-50	79	00:51:23 (00:51:23)	00:16:54	00:33:42	00:50:18
520	342	BARANIECKI	Zbigniew	POL	KB MANIAC Poznań	1958	M-50	80	00:51:24 (00:51:24)	00:17:09	00:33:54	00:50:24
521	463	PYRKA	Szymon	POL	SPARTA Nietkowiec	1978	M-30	136	00:51:28 (00:51:28)	00:15:47	00:32:52	00:50:20
522	218	ŚLEBODA	Robert	POL	Wołów	1967	M-40	128	00:51:32 (00:51:32)	00:16:27	00:33:23	00:50:32
523	665	LIPSKI	Bartosz	POL	Wrocław	1981	M-18	119	00:51:32 (00:51:32)	00:17:08	00:34:03	00:50:42
524	224	JAGIELSKI	Jan	POL	Jelenia Góra	1946	M-60	26	00:51:37 (00:51:37)	00:16:57	00:33:46	00:50:36
525	163	MICHOWSKI	Marian	POL	WKB PIAST Wrocław	1939	M-60	27	00:51:37 (00:51:37)	00:16:27	00:33:17	00:50:30
526	656	PIWOWARSKI	Grzegorz	POL	KB LUPUS Syców	1966	M-40	129	00:51:39 (00:51:39)	00:16:16	00:33:15	00:50:33
527	459	SOBÓTKA	Antoni	POL	Wrocław	1945	M-60	28	00:51:41 (00:51:41)	00:16:21	00:33:34	00:50:43
528	623	DRUKIER	Arkadiusz	POL	Wrocław	1972	M-30	137	00:51:42 (00:51:42)	00:16:26	00:33:36	00:50:40
529	383	RYBAK	Wawrzyniec	POL	Gdańsk	1979	M-18	120	00:51:44 (00:51:44)	00:16:33	00:33:34	00:50:43
530	79	KOWALSKI	Wojciech	POL	Trzebnica	1949	M-50	81	00:51:46 (00:51:46)	00:16:37	00:33:32	00:50:53
531	677	SULIKOWSKI	Marek	POL	Wrocław	1961	M-40	130	00:51:56 (00:51:56)	00:16:08	00:33:26	00:50:54
532	343	TATARYNOWICZ	Marian	POL	KB MARATOŃCZYK Zielo	1948	M-60	29	00:51:58 (00:51:58)	00:16:44	00:33:43	00:50:55
533	720	BĘBENEK	Anna	POL	Jeziorzany	1983	K-18	18	00:52:00 (00:52:00)	00:16:13	00:33:31	00:50:56
534	721	PETERA	Jarosław	POL	JW. 2771 Kraków	1980	M-18	121	00:52:00 (00:52:00)	00:16:13	00:33:31	00:50:56
535	330	BIERNACKI	Roman	POL	Wrocław	1957	M-50	82	00:52:02 (00:52:02)	00:16:57	00:33:38	00:50:55
536	642	HALOT	Mirosław	POL	Wrocław	1972	M-30	138	00:52:03 (00:52:03)	00:16:49	00:33:50	00:51:05
537	693	MAZUR	Krzysztof	POL	MaratonyPolskie.PL TEAM	1964	M-40	131	00:52:09 (00:52:09)	00:15:58	00:33:36	00:51:01
538	451	MAŁYS	Waldemar	POL	WKB PIAST Wrocław	1957	M-50	83	00:52:09 (00:52:09)	00:17:19	00:34:22	00:51:11
539	476	WOLAŃSKI	Adrian	POL	Wrocław	1976	M-30	139	00:52:16 (00:52:16)	00:17:22	00:34:41	00:51:19
540	646	WOŁYŃSKI	Karol	POL	Kędzierzyn Koźle	1973	M-30	140	00:52:16 (00:52:16)	00:16:39	00:34:00	00:51:14

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
541	276	DOLATA	Leszek	POL	Syców	1958	M-50	84	00:52:17 (00:52:17)	00:16:43	00:33:47	00:51:09
542	262	SOŁTYŃSKI	Andrzej	POL	WKB PIAST Wrocław	1960	M-40	132	00:52:20 (00:52:20)	00:16:01	00:33:35	00:51:16
543	525	SKOWRONEK	Artur	POL	EMC Instytut Medyczny S.	1976	M-30	141	00:52:23 (00:52:23)	00:16:36	00:33:44	00:51:16
544	197	KUŚMIEREK	Wiktor	POL	WKB META Lubliniec	1945	M-60	30	00:52:27 (00:52:27)	00:16:38	00:33:55	00:51:18
545	290	MAZUR	Tadeusz	POL	WKB PIAST Wrocław	1955	M-50	85	00:52:29 (00:52:29)	00:16:28	00:33:47	00:51:19
546	701	PERCZAK	Marek	POL	Wrocław	1960	M-40	133	00:52:34 (00:52:34)	00:16:42	00:34:08	00:51:35
547	527	ANTOSZ	Katarzyna	POL	bikestats.pl Wrocław	1981	K-18	19	00:52:35 (00:52:35)	00:16:59	00:34:11	00:51:32
548	387	KOWALCZYK	Piotr	POL	Strzebl. Kopalnie Sur. Min	1959	M-40	134	00:52:38 (00:52:38)	00:16:42	00:33:59	00:51:28
549	617	KOZYRSKA	Agnieszka	POL	ANTEX Sobótka	1972	K-30	9	00:52:44 (00:52:44)	00:17:02	00:34:09	00:51:37
550	555	TATARA	Leszek	POL	Wolsztyn	1955	M-50	86	00:52:49 (00:52:49)	00:16:35	00:34:07	00:51:45
551	212	CZYST	Zenon	POL	Odolanów	1947	M-60	31	00:52:49 (00:52:49)	00:17:03	00:34:19	00:51:45
552	284	KAŃDUŁA	Kamil	POL	LKP INTER Zdrój	1984	M-18	122	00:52:51 (00:52:51)	00:16:55	00:34:24	00:51:54
553	664	PADUSZYŃSKA	Aleksandra	POL	Oborniki Śl.	1986	K-18	20	00:52:51 (00:52:51)	00:17:08	00:34:27	00:51:48
554	717	BILSKI	Mateusz	POL	Trzebnica	1989	M-18	123	00:52:51 (00:52:51)	00:16:44	00:34:00	00:51:58
555	557	DURBAJŁO	Andrzej	POL	Góra	1967	M-40	135	00:52:52 (00:52:52)	00:16:59	00:34:32	00:51:59
556	585	FURTAK	Krzysztof	POL	Lubin	1962	M-40	136	00:52:54 (00:52:54)	00:15:57	00:33:53	00:51:47
557	57	PIEKARSKI	Waldemar	POL	WKB PIAST Wrocław	1964	M-40	137	00:53:00 (00:53:00)	00:16:11	00:33:33	00:51:51
558	519	ROSIŃSKI	Witold	POL	Wrocław	1965	M-40	138	00:53:02 (00:53:02)	00:16:53	00:34:11	00:51:57
559	82	BALEWSKI	Dariusz	POL	WKB PIAST Wrocław	1983	M-18	124	00:53:03 (00:53:03)	00:16:40	00:33:54	00:52:03
560	710	NIZIO	Witold	POL	Prusice	1981	M-18	125	00:53:05 (00:53:05)	00:17:18	00:34:58	00:52:16
561	653	URBAN	Mieczysław	POL	TADEM	1952	M-50	87	00:53:17 (00:53:17)	00:16:33	00:34:19	00:52:10
562	195	ŚWIATOWA	Zuzanna	POL	HERMES Świdnica	1990	K-18	21	00:53:19 (00:53:19)	00:17:09	00:35:11	00:52:20
563	521	PYSZCZ	Stanisław	POL	Platerówka	1941	M-60	32	00:53:21 (00:53:21)	00:16:53	00:34:26	00:52:22
564	507	BYKOWSKI	Bogdan	POL	Stary Kisielin	1949	M-50	88	00:53:25 (00:53:25)	00:17:48	00:35:08	00:52:21
565	155	KUCHARSKI	Henryk	POL	TKKF HUTNIK Głogów	1952	M-50	89	00:53:27 (00:53:27)	00:16:28	00:33:51	00:52:20
566	349	JANKOWICZ	Agnieszka	POL	Wałbrzych	1981	K-18	22	00:53:27 (00:53:27)	00:18:21	00:35:29	00:52:30
567	61	GAJOWY	Artur	POL	Policja Trzebnica	1973	M-30	142	00:53:28 (00:53:28)	00:16:34	00:34:40	00:52:26
568	450	VAN DEN OORD	Guido	POL	Wrocław	1970	M-30	143	00:53:38 (00:53:38)	00:17:24	00:35:04	00:52:40
569	105	KLAGA	Andrzej	POL	Ostrów Wlkp.	1958	M-50	90	00:53:40 (00:53:40)	00:17:23	00:35:03	00:52:40
570	457	NOWAK	Krzysztof	POL	TRIATHLON Lubin	1947	M-60	33	00:53:41 (00:53:41)	00:16:50	00:34:23	00:52:33
571	94	WALKOWIAK	Marta	POL	Złororyja	1985	K-18	23	00:53:42 (00:53:42)	00:16:57	00:34:52	00:52:40
572	695	ŻUKROWSKI	Janusz	POL	WKB PIAST Wrocław	1955	M-50	91	00:53:46 (00:53:46)	00:16:44	00:34:37	00:52:36
573	329	WOŹNIAK	Dorota	POL	WKB PIAST Wrocław	1968	K-40	8	00:53:55 (00:53:55)	00:17:16	00:35:04	00:52:54
574	384	ABULEWICZ	Wojciech	POL	Wrocław	1968	M-40	139	00:53:57 (00:53:57)	00:17:15	00:35:14	00:52:52
575	390	RUDA ERTEL	Krystyna	POL	MaratonyPolskie.PL TEAM	1969	K-30	10	00:54:01 (00:54:01)	00:17:21	00:35:14	00:53:06
576	582	CYRUS	Łukasz	POL	KB STRZELEC Strzebiń	1990	M-18	126	00:54:02 (00:54:02)	00:17:21	00:35:13	00:53:06
577	402	BRZEZIŃSKI	Tadeusz	POL	DEVILS	1983	M-18	127	00:54:06 (00:54:06)	00:16:24	00:34:30	00:52:56



<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
578	124	WIATRAK	Przemysław	POL	KS KROTOSZ Krotoszyn	1988	M-18	128	00:54:09	(00:54:09)	00:16:09	00:33:51	00:52:47
579	688	PALKA	Bogusław	POL	Myslowice	1954	M-50	92	00:54:11	(00:54:11)	00:17:14	00:34:57	00:52:57
580	313	ZAJĄC	Kazimierz	POL	Trzebnica	1958	M-50	93	00:54:14	(00:54:14)	00:16:50	00:34:08	00:53:03
581	736	MADEJ	Grzegorz	POL	Wilczy Las	1992	M-18	129	00:54:14	(00:54:14)	00:18:56	00:37:18	00:53:24
582	609	PARCZYK	Jerzy	POL	Wrocław	1967	M-40	140	00:54:14	(00:54:14)	00:16:53	00:34:33	00:53:07
583	395	MARKIEWICZ	Sabina	POL	Kały	1983	K-18	24	00:54:15	(00:54:15)	00:16:57	00:34:58	00:53:05
584	215	MASŁOWSKI	Maciej	POL	Jarocin	1973	M-30	144	00:54:20	(00:54:20)	00:18:06	00:35:58	00:53:15
585	429	RAJZER	Natalia	POL	Grodziski Klub Biegacza	1976	K-30	11	00:54:20	(00:54:20)	00:18:45	00:37:02	00:53:21
586	186	GRYGIEL	Maciej	POL	Jarocin	1982	M-18	130	00:54:22	(00:54:22)	00:18:06	00:35:58	00:53:14
587	310	SZCZEPANIAK	Renata	POL	KB LUPUS Oleśnica	1973	K-30	12	00:54:31	(00:54:31)	00:18:13	00:36:06	00:53:25
588	618	KLICH	Wiesław	POL	Polkowice	1968	M-40	141	00:54:33	(00:54:33)	00:17:14	00:35:02	00:53:29
589	32	TOMCZAK	Irma	POL	WKB PIAST Wrocław	1936	K-60	1	00:54:34	(00:54:34)	00:17:51	00:35:42	00:53:29
590	50	DUDEK	Mateusz	POL	Trzebnica	1992	M-18	131	00:54:35	(00:54:35)	00:18:35	00:36:22	00:53:30
591	528	KOWALSKA	Krystyna	POL	WKB PIAST Wrocław	1956	K-50	2	00:54:39	(00:54:39)	00:17:00	00:35:02	00:53:29
592	554	KONOPKA	Rafał	POL	Wolsztyn	1963	M-40	142	00:54:41	(00:54:41)	00:17:07	00:35:08	00:53:33
593	581	GIZIŃSKI	Stefan	POL	WKB PIAST Wrocław	1948	M-60	34	00:54:49	(00:54:49)	00:16:10	00:34:36	00:53:39
594	645	WASILUK	Paweł	POL	Wrocław	1976	M-30	145	00:54:52	(00:54:52)	00:17:29	00:35:56	00:53:48
595	309	SOBCZAK	Renata	POL	KB LUPUS Oleśnica	1953	K-50	3	00:54:57	(00:54:57)	00:18:13	00:36:06	00:53:47
596	48	KUŻMA	Zbigniew	POL	PSPożarna Trzebnica	1964	M-40	143	00:54:57	(00:54:57)	00:16:59	00:35:12	00:53:47
597	628	WENK	Bernhard	GER	WKB PIAST Wrocław	1949	M-50	94	00:54:58	(00:54:58)	00:17:41	00:35:39	00:53:52
598	589	ŁUKAWSKA	Hanna	POL	KS PEGAZ Wrocław	1989	K-18	25	00:55:00	(00:55:00)	00:17:15	00:35:26	00:54:01
599	358	BARTOSZEK KUNE	Joanna	POL	Ratowice	1974	K-30	13	00:55:03	(00:55:03)	00:18:06	00:36:02	00:53:53
600	674	RATAJCZAK	Przemysław	POL	Wrocław	1978	M-30	146	00:55:07	(00:55:07)	00:17:34	00:35:26	00:54:07
601	424	SZUKAŁA	Piotr	POL	ASESOR POLSKA Poznań	1971	M-30	147	00:55:08	(00:55:08)	00:18:08	00:36:15	00:54:12
602	709	TOMASIEWICZ	Hanna	POL	Wrocław	1980	K-18	26	00:55:17	(00:55:17)	00:17:29	00:36:02	00:54:05
603	337	GADZIŃSKA	Krystyna	POL	WKB PIAST Wrocław	1964	K-40	9	00:55:20	(00:55:20)	00:17:17	00:35:42	00:54:12
604	415	ŁUCZAK	Jarosław	POL	KB LUPUS Oleśnica	1972	M-30	148	00:55:20	(00:55:20)	00:17:22	00:35:25	00:54:12
605	430	MICHALAK	Arkadiusz	POL	Zielona Góra	1977	M-30	149	00:55:25	(00:55:25)	00:18:08	00:36:04	00:54:15
606	515	SZCZEPANIAK	Ryszard	POL	KB ORZEŁ Milicz	1946	M-60	35	00:55:27	(00:55:27)	00:18:21	00:36:20	00:54:25
607	72	GEISLER	Witold	POL	LKP Interzdrój	1987	M-18	132	00:55:34	(00:55:34)	00:16:57	00:35:37	00:54:23
608	690	KORALEWSKI	Janusz	POL	Wrocław	1956	M-50	95	00:55:35	(00:55:35)	00:17:07	00:35:23	00:54:21
609	39	ZIĘBA	Henryk	POL	SZERSZENIE Trzebnica	1953	M-50	96	00:55:38	(00:55:38)	00:18:36	00:36:40	00:54:34
610	641	RUDYK	Marzena	POL	Jelcz-Laskowice	1972	K-30	14	00:55:41	(00:55:41)	00:16:56	00:35:39	00:54:32
611	98	GRZEGOREK	Joanna	POL	TSS Trzebnica	1989	K-18	27	00:55:41	(00:55:41)	00:17:08	00:35:52	00:54:40
612	246	ŚCIBISZ	Bogdan	POL	TKKF SATURN Czeladź	1943	M-60	36	00:55:42	(00:55:42)	00:17:40	00:36:02	00:54:38
613	670	PALUSZEK	Dariusz	POL	Wrocław	1971	M-30	150	00:55:42	(00:55:42)	00:17:12	00:35:54	00:54:34
614	640	RUDYK	Zbigniew	POL	Jelcz-Laskowice	1964	M-40	144	00:55:42	(00:55:42)	00:16:56	00:35:37	00:54:32

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
615	282	ŁĘŻNIAK	Aleksander	POL	Hurt.Bud. BOŻENA Sobót	1989	M-18	133	00:55:44	(00:55:44)	00:17:03	00:36:13	00:54:43
616	733	SZELIGA	Małgorzata	POL	Raciborowice	1991	K-18	28	00:55:45	(00:55:45)	00:18:56	00:37:18	00:54:51
617	562	KASPROLEWICZ	Tomasz	POL	KB ORZEŁ Milicz	1960	M-40	145	00:55:48	(00:55:48)	00:18:19	00:36:33	00:54:48
618	126	SOŚNICKI	Stanisław	POL	KONSALNET S.A. Wrocław	1945	M-60	37	00:55:50	(00:55:50)	00:17:26	00:35:51	00:54:39
619	438	JAKUBIAK	Jerzy	POL	Rydzyzna	1959	M-40	146	00:55:55	(00:55:55)	00:17:52	00:36:54	00:54:52
620	439	WRZESIŃSKI	Krzysztof	POL	WKB PIAST Wrocław	1968	M-40	147	00:55:57	(00:55:57)	00:17:15	00:35:58	00:54:59
621	139	WOJDYŁA	Mieczysław	POL	Wrocław	1964	M-40	148	00:56:00	(00:56:00)	00:17:45	00:35:40	00:54:49
622	440	ŻUBEREK	Karol	POL	Kraszewice	1983	M-18	134	00:56:01	(00:56:01)	00:17:00	00:35:46	00:54:47
623	672	PASTUCHA	Anna	POL	CROSS Krapkowice	1958	K-50	4	00:56:04	(00:56:04)	00:17:42	00:36:28	00:54:52
624	40	RYDZEWSKI	Kazimierz	POL	Bielawa	1957	M-50	97	00:56:06	(00:56:06)	00:14:29	00:27:45	00:41:19
625	271	STADNICZUK	Michał	POL	KB ZRYW Namysłów	1930	M-70	3	00:56:10	(00:56:10)	00:18:09	00:36:26	00:55:01
626	54	KRAKOWIAK	Barbara	POL	LZS Trzebnica	1946	K-60	2	00:56:13	(00:56:13)	00:17:53	00:36:14	00:55:00
627	718	WARSZEWSKI	Jacek	POL	Trzebnica	1975	M-30	151	00:56:28	(00:56:28)	00:18:36	00:36:53	00:55:25
628	182	ANIÓŁ	Marta	POL	WCT SPARTAN Wrocław	1984	K-18	29	00:56:29	(00:56:29)	00:19:16	00:37:24	00:55:32
629	678	RZEŚNIEWIECKI	Robert	POL	REKORD BUSTER Wrocław	1973	M-30	152	00:56:29	(00:56:29)	00:19:18	00:37:23	00:55:33
630	611	BURACZYŃSKI	Grzegorz	POL	Oleśnica	1957	M-50	98	00:56:30	(00:56:30)	00:19:05	00:37:38	00:55:30
631	134	BASZAK	Ryszard	POL	KB LEW Legnica	1949	M-50	99	00:56:33	(00:56:33)	00:18:24	00:37:04	00:55:24
632	732	HANISZEWSKA	Angelika	POL	Raciborowice	1991	K-18	30	00:56:39	(00:56:39)	00:18:56	00:37:19	00:55:31
633	444	WOLANIN	Piotr	POL	ARCHEO ALKOMAT Zielo	1974	M-30	153	00:56:40	(00:56:40)	00:18:46	00:37:27	00:55:42
634	177	CZERWIŃSKI	Grzegorz	POL	ZG Lubin	1971	M-30	154	00:56:45	(00:56:45)	00:18:49	00:38:47	00:55:47
635	684	RUDNO RUDZIŃSK	Krzysztof	POL	Wrocław	1949	M-50	100	00:56:46	(00:56:46)	00:18:10	00:36:35	00:55:40
636	620	BOŁTUĆ	Radosław	POL	ZIELONE Gepardy	1978	M-30	155	00:56:53	(00:56:53)	00:18:04	00:36:47	00:55:43
637	412	ROGALIŃSKI	Feliks	POL	KB Kały Wr.	1949	M-50	101	00:56:57	(00:56:57)	00:18:24	00:36:58	00:55:48
638	164	JABŁOŃSKI	Kamil	POL	KS MARATON Ostrów WI	1971	M-30	156	00:57:07	(00:57:07)	00:17:23	00:36:35	00:56:01
639	495	GANCARZ	Piotr	POL	PEGAZ Wrocław	1961	M-40	149	00:57:19	(00:57:19)	00:18:17	00:37:14	00:56:13
640	586	PERDION	Michał	POL	Wrocław	1981	M-18	135	00:57:19	(00:57:19)	00:19:03	00:38:03	00:56:24
641	275	GODYNIA	Bolesław	POL	Wołów	1949	M-50	102	00:57:20	(00:57:20)	00:17:26	00:36:36	00:56:01
642	493	DOBRYSZYCKA	Ewa	POL	Wrocław	1955	K-50	5	00:57:23	(00:57:23)	00:18:06	00:36:39	00:56:12
643	299	CERAZY	Wiesław	POL	ZS Leśnych w Miliczu	1960	M-40	150	00:57:26	(00:57:26)	00:17:47	00:36:18	00:56:09
644	423	UTRAJCZYK	Daniel	POL	KB BRYLANT Kórnik	1977	M-30	157	00:57:33	(00:57:33)	00:18:38	00:37:38	00:56:25
645	142	GOLENIEWSKI	Tomasz	POL	Orkiestra Reprez. SOW W	1973	M-30	158	00:57:37	(00:57:37)	00:18:43	00:37:58	00:56:36
646	36	WOJCIECHOWSKI	Stanisław	POL	BIEGAMOS Leszno	1952	M-50	103	00:57:48	(00:57:48)	00:17:56	00:37:23	00:56:40
647	315	PODKOWSKI	Stanisław	POL	WKB PIAST Wrocław	1943	M-60	38	00:57:51	(00:57:51)	00:17:55	00:36:30	00:56:31
648	101	WAWRZYŃSKI	Sławomir	POL	Ostrów Wlkp.	1970	M-30	159	00:57:56	(00:57:56)	00:18:41	00:37:45	00:56:43
649	603	PODSIADŁY	Robert	POL	IM 2010 ARTEMIS W-w	1959	M-40	151	00:57:58	(00:57:58)	00:18:34	00:37:36	00:56:44
650	355	STASIŃSKI	Stanisław	POL	KB MANIAC Poznań	1944	M-60	39	00:57:58	(00:57:58)	00:18:43	00:37:41	00:56:44
651	538	BIAŁAS	Ewa	POL	Lewin Brzeski	1962	K-40	10	00:58:05	(00:58:05)	00:18:12	00:37:33	00:56:45

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
652	508	SZCZEPANIAK	Wojciech	POL	KB ORZEŁ Milicz	1946	M-60	40	00:58:08 (00:58:08)	00:18:09	00:37:21	00:56:57
653	626	STACHOWSKI	Bogusław	POL	Pol.Stow. Diabetyków Łas	1959	M-40	152	00:58:15 (00:58:15)	00:18:13	00:37:16	00:56:58
654	43	PAWLACZEK	Małgorzata	POL	SZERSZENIE Trzebnica	1974	K-30	15	00:58:16 (00:58:16)	00:18:36	00:37:45	00:57:06
655	293	KRUK	Czesław	POL	WKB PIAST Wrocław	1936	M-70	4	00:58:17 (00:58:17)	00:18:55	00:38:04	00:57:07
656	360	LISEK	Paweł	POL	POLICJA Wrocław	1973	M-30	160	00:58:26 (00:58:26)	00:17:30	00:36:39	00:57:13
657	169	WÓJCIK	Adrian	POL	IM 2010 Wrocław	1974	M-30	161	00:58:28 (00:58:28)	00:19:28	00:38:38	00:57:23
658	683	SADOWSKI	Andrzej	POL	Wrocław	1946	M-60	41	00:58:43 (00:58:43)	00:19:06	00:38:01	00:57:32
659	168	PAWLACZYK	Marian	POL	WKB PIAST Wrocław	1934	M-70	5	00:58:45 (00:58:45)	00:19:01	00:37:57	00:57:33
660	407	GAWLIKOWSKI	Zbigniew	POL	Wrocław	1953	M-50	104	00:58:49 (00:58:49)	00:17:25	00:36:50	00:57:31
661	129	MICHALAK	Andrzej	POL	KS KROTOSZ Krotoszyn	1959	M-40	153	00:58:50 (00:58:50)	00:18:25	00:38:00	00:57:39
662	454	SOLSKA	Magdalena	POL	Wrocław	1974	K-30	16	00:58:53 (00:58:53)	00:19:02	00:38:31	00:57:44
663	352	MUZYKA	Magdalena	POL	Świebodzice	1982	K-18	31	00:59:17 (00:59:17)	00:18:45	00:38:10	00:58:03
664	294	WINIARSKI	Tomasz	POL	Księżnice	1958	M-50	105	00:59:24 (00:59:24)	00:17:44	00:37:50	00:57:57
665	399	KRAWCZYK	Dariusz	POL	Wrocław	1949	M-50	106	00:59:28 (00:59:28)	00:19:04	00:38:27	00:58:13
666	489	WOLFINGER	Ryszard	POL	LUKS Żórawina	1959	M-40	154	00:59:29 (00:59:29)	00:19:02	00:39:06	00:58:25
667	179	HRANKOWSKI	Mieczysław	POL	ZG Lublin	1966	M-40	155	00:59:33 (00:59:33)	00:18:49	00:38:47	00:58:21
668	566	TROJANOWSKI	Andrzej	POL	Wrocław	1968	M-40	156	00:59:36 (00:59:36)	00:20:10	00:39:33	00:58:33
669	691	MESJASZ	Rafał	POL	KP PSP Zgorzelec	1976	M-30	162	00:59:39 (00:59:39)	00:17:57	00:37:58	00:58:31
670	625	SZLACHETKA	Katarzyna	POL	Berlin	1984	K-18	32	00:59:43 (00:59:43)	00:18:57	00:39:06	00:58:39
671	188	BANACH	Dariusz	POL	Świdnica	1964	M-40	157	00:59:45 (00:59:45)	00:19:12	00:38:46	00:58:38
672	570	DYMOWSKI	Mateusz	POL	Ligota	1990	M-18	136	00:59:48 (00:59:48)	00:18:20	00:38:21	00:58:42
673	167	PATER	Zbigniew	POL	WKB PIAST Wrocław	1940	M-60	42	00:59:58 (00:59:58)	00:18:54	00:38:55	00:58:53
674	159	JAROŃ	Daniel	POL	Namysłów	1975	M-30	163	01:00:01 (01:00:01)	00:18:21	00:38:33	00:58:54
675	157	SZKUDLAREK	Tomasz	POL	NKB ZRYW Namysłów	1972	M-30	164	01:00:02 (01:00:02)	00:18:20	00:38:33	00:58:54
676	607	TŁUSTOCHOWSKI	Jacek	POL	Oak Park Runners Club	1950	M-50	107	01:00:09 (01:00:09)	00:18:22	00:37:58	00:59:07
677	632	NITA	Jolanta	POL	Oborniki Śl.	1961	K-40	11	01:00:13 (01:00:13)	00:19:12	00:38:54	00:59:01
678	531	SZAFRANIEC	Andrzej	POL	Zakrzewo	1957	M-50	108	01:00:20 (01:00:20)	00:19:41	00:39:26	00:59:18
679	55	ADAMCZYK	Macin	POL	Trzebnica	1972	M-30	165	01:00:21 (01:00:21)	00:19:00	00:39:07	00:59:03
680	71	ADAMCZYK	Grzegorz	POL	Raszów	1989	M-18	137	01:00:25 (01:00:25)	00:19:07	00:39:22	00:59:15
681	297	MENDEL	Maciej	POL	Grodziski Klub Biegacza	1964	M-40	158	01:00:34 (01:00:34)	00:18:50	00:39:02	00:59:28
682	70	ADAMCZYK	Kazimierz	POL	Raszów	1963	M-40	159	01:00:36 (01:00:36)	00:19:07	00:39:22	00:59:31
683	681	NIEZGÓDKA	Zbigniew	POL	AZS Wrocław	1959	M-40	160	01:00:38 (01:00:38)	00:19:09	00:39:13	00:59:27
684	156	KORZENIEWSKI	Dariusz	POL	Poznań	1973	M-30	166	01:00:40 (01:00:40)	00:19:04	00:39:12	00:59:35
685	116	MODRZEJEWSKA	Lidia	POL	Grabów n/Prosną	1972	K-30	17	01:00:42 (01:00:42)	00:19:28	00:39:37	00:59:37
686	509	WALEŃSKI	Sławomir	POL	KB ORZEŁ Milicz	1973	M-30	167	01:00:44 (01:00:44)	00:18:10	00:37:43	00:59:21
687	261	SOLTYŃSKI	Piotr	POL	Nadolice Wielkie	1971	M-30	168	01:00:55 (01:00:55)	00:18:04	00:38:30	00:59:38
688	481	RAGUS	Mateusz	POL	KB SPARTA Nietkowice	1987	M-18	138	01:00:57 (01:00:57)	00:18:42	00:38:35	00:59:45

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
689	464	GRABARCZYK	Tadeusz	POL	ARTEMIS Wrocław	1956	M-50	109	01:01:07	(01:01:07)	00:18:30	00:39:23	00:59:58
690	409	FOX	Jacek	POL	Wrocław	1955	M-50	110	01:01:18	(01:01:18)	00:18:56	00:39:10	00:59:52
691	560	GRUŚ	Ryszard	POL	KB PIAST Wrocław	1947	M-60	43	01:01:19	(01:01:19)	00:18:59	00:39:20	01:00:03
692	385	GLINCZEWSKI	Zbigniew	POL	Maria Śnieżna	1947	M-60	44	01:01:20	(01:01:20)	00:19:31	00:39:17	00:59:59
693	202	TERLIKOWSKI	Roman	POL	SPOCENI Nowa Sól	1946	M-60	45	01:02:06	(01:02:06)	00:20:07	00:40:13	01:00:46
694	128	SZCZEPANIAK	Andrzej	POL	Karłowice	1985	M-18	139	01:02:55	(01:02:55)	00:19:23	00:40:02	01:01:48
695	511	HLIWA	Ryszard	POL	Skokowa	1959	M-40	161	01:03:01	(01:03:01)	00:18:45	00:39:52	01:01:38
696	572	WŁODARCZYK	Michał	POL	ARTEMIS Wrocław	1949	M-50	111	01:03:14	(01:03:14)	00:19:45	00:40:20	01:01:55
697	69	GAJDA	Jerzy	POL	Szczytkowice	1955	M-50	112	01:03:25	(01:03:25)	00:19:00	00:39:56	01:02:20
698	635	SZTYK	Idalia	POL	Jelcz-Laskowice	1970	K-30	18	01:03:35	(01:03:35)	00:19:08	00:40:48	01:02:20
699	634	SZTYK	Jarosław	POL	MaratonyPolskie.PL TEAM	1967	M-40	162	01:03:36	(01:03:36)	00:19:08	00:40:48	01:02:20
700	739	MALART	Jerzy	POL	WKB PIAST Wrocław	1950	M-50	113	01:03:40	(01:03:40)	00:21:27	00:42:05	01:02:28
701	178	HRANKOWSKA	Justyna	POL	Lubin	1990	K-18	33	01:04:05	(01:04:05)	00:19:25	00:40:49	01:02:52
702	203	ĆWIK MASZCZYŃSKI	Teresa	POL	WKB PIAST Wrocław	1951	K-50	6	01:04:09	(01:04:09)	00:20:44	00:42:00	01:03:02
703	458	ŻUK	Józef	POL	Wałbrzych	1940	M-60	46	01:04:10	(01:04:10)	00:20:45	00:41:28	01:02:50
704	83	STOLAREK	Marianna	POL	Wrocław	1943	K-60	3	01:04:14	(01:04:14)	00:20:25	00:41:25	01:03:01
705	593	GULEWICZ	Andrzej	POL	Wrocław	1956	M-50	114	01:04:39	(01:04:39)	00:19:50	00:41:27	01:03:21
706	575	WACHOWSKI	Grzegorz	POL	Wrocław	1959	M-40	163	01:04:39	(01:04:39)	00:19:50	00:41:26	01:03:21
707	576	GULEWICZ	Łukasz	POL	Wrocław	1977	M-30	169	01:04:39	(01:04:39)	00:19:50	00:41:28	01:03:21
708	153	JANKOWSKI	Ryszard	POL	WKB PIAST Wrocław	1943	M-60	47	01:05:06	(01:05:06)	00:20:12	00:41:46	01:03:36
709	292	DĘBOWSKI	Witold	POL	WKB PIAST Wrocław	1941	M-60	48	01:05:18	(01:05:18)	00:20:48	00:42:03	01:03:57
710	453	JOŃCZYK	Anna	POL	Wrocław	1975	K-30	19	01:06:33	(01:06:33)	00:20:47	00:42:35	01:04:54
711	316	SADOWIŃSKI	Aleksander	POL	Brzeg Opolski	1961	M-40	164	01:06:50	(01:06:50)	00:20:31	00:42:26	01:05:18
712	523	STANKIEWICZ	Daniel	POL	Lubań	1940	M-60	49	01:06:52	(01:06:52)	00:20:58	00:42:56	01:05:41
713	283	GUMIENNA	Agnieszka	POL	Nadolice	1983	K-18	34	01:07:12	(01:07:12)	00:20:10	00:42:30	01:05:43
714	334	MIAZEK	Szczepan	POL	ZG Lubin	1946	M-60	50	01:07:12	(01:07:12)	00:20:10	00:42:30	01:05:44
715	639	ZACKIEWICZ	Tomasz	POL	Jelcz-Laskowice	1970	M-30	170	01:07:48	(01:07:48)	00:21:01	00:43:39	01:06:23
716	638	ZACKIEWICZ	Ilona	POL	Jelcz-Laskowice	1970	K-30	20	01:07:48	(01:07:48)	00:21:02	00:43:39	01:06:23
717	547	RAGUS MROCZKO	Ewa	POL	Nietkowice	1971	K-30	21	01:07:54	(01:07:54)	00:20:48	00:43:23	01:06:32
718	726	ANTOLAK	Artur	POL	Oborniki Śl.	1966	M-40	165	01:07:55	(01:07:55)	00:20:31	00:43:37	01:06:44
719	601	MAKLES	Wojciech	POL	Wrocław	1976	M-30	171	01:08:18	(01:08:18)	00:18:11	00:41:03	01:07:01
720	225	STROJWAŚ	Anna	POL	WKB PIAST Wrocław	1957	K-50	7	01:08:31	(01:08:31)	00:22:03	00:44:59	01:07:06
721	663	SPADŁO	Andrzej	POL	Wilków k/Namysłowa	1960	M-40	166	01:08:42	(01:08:42)	00:22:37	00:44:24	01:07:24
722	689	GRZYMSKI	Sławomir	POL	KASIKI Wrocław	1982	M-18	140	01:08:49	(01:08:49)	00:20:10	00:43:33	01:07:16
723	300	KOWALUK	Patryk	POL	Opole	1980	M-18	141	01:08:53	(01:08:53)	00:19:39	00:40:59	01:06:57
724	154	POLOCZEK	Marek	POL	WKB PIAST Wrocław	1955	M-50	115	01:10:42	(01:10:42)	00:22:26	00:45:36	01:09:18
725	702	KUZAN	Henryk	POL	LZS Trzebnica	1956	M-50	116	01:11:50	(01:11:50)	00:22:43	00:46:44	01:10:33

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>
726	741	GRACA	Jan	POL	Poznowice	1949	M-50	117	01:11:59	(01:11:59)	00:23:19	00:46:29	01:10:30
727	242	KASIERSKA	Ewa	POL	Drużyna Szpiku Poznań	1948	K-60	4	01:14:01	(01:14:01)	00:22:38	00:47:41	01:12:28
728	462	POMERSBACH	Roman	POL	Wrocław	1956	M-50	118	01:14:01	(01:14:01)	00:22:45	00:47:36	01:11:52
729	637	BORUCKA	Gażyna	POL	WKB PIAST Wrocław	1970	K-30	22	01:14:38	(01:14:38)	00:22:47	00:47:45	01:13:04
730	529	LISIECKI	Roman	POL	LUKS Żórawina	1961	M-40	167	01:14:39	(01:14:39)	00:22:47	00:47:45	01:13:04
731	93	EL HAHDY	Amir	POL	Trzebnica	1977	M-30	172	01:15:35	(01:15:35)	00:23:14	00:48:08	01:14:05
732	365	KOZULAK	Tadeusz	POL	Jelcz-Laskowice	1948	M-60	51	01:15:52	(01:15:52)	00:22:57	00:48:10	01:14:13
733	229	MASZCZYŃSKI	Andrzej	POL	Wrocław	1935	M-70	6	01:20:28	(01:20:28)	00:26:34	00:56:21	01:17:31